

Suggested Usage: Take 2 capsules daily, preferably in divided doses with food.

This product is a complete nutritional supplement for the support of a healthy thyroid gland.* We have combined iodine and tyrosine, the two constituents necessary for the synthesis of thyroid secretions.* The minerals selenium, zinc and copper have been added as cofactors needed for normal thyroid function.* In addition, this product has the ayurvedic herbal extract ashwagandha to complement its nutritional support components.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Not recommended for pregnant/nursing women. Consult physician if taking medication, or have a medical condition including known ulcer. May cause mild transient GI upset. Discontinue use if GI symptoms persist. Individuals with thyroid disorders or those taking warfarin, thyroid medications, L-dopa, SNRIs, MAO inhibitors, or other mood altering medications should seek the advice of a physician before consuming this product. Discontinue use if rash/itching occurs. Keep out of reach of children.

Natural color variation may occur in this product.

L-OptiZinc® is a registered trademark of InterHealth Corp.

Distributed by Lucky Health Group Inc.
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www.LuckyVitamin.com



1 YEAR
happiness
GUARANTEE

CAPSULE SIZE

**LUCKY
VITAMIN**

Thyroid Support

- Supports Healthy Thyroid Function*
- Supports Healthy Metabolism*

90 Veg Capsules
Dietary Supplement

Supplement Facts

Serving Size 2 Veg Capsules Servings Per Container 45

	Amount Per Serving	% Daily Value
Vitamin B-6 (from Pyridoxine HCl)	2 mg	118%
Folate	680 mcg DFE (400 mcg folic acid)	170%
Vitamin B-12 (as Methylcobalamin)	60 mcg	2500%
Iodine (from Potassium Iodide)	225 mcg	150%
Zinc (from L-OptiZinc® - Zinc L-Methionine Complex)	25 mg	227%
Selenium (from L-Selenomethionine)	50 mcg	91%
Copper (from Copper Amino Acid Chelate)	1 mg	111%
L-Tyrosine (Free-Form)	1 g (1,000 mg)	†
Ashwagandha (<i>Withania somnifera</i>) (Root) Standardized Extract (min. 2.5% Withanolides)	125 mg	†

† Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Microcrystalline Cellulose, Stearic Acid (vegetable source) and Silicon Dioxide.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Non-GMO



LU3368D V1