

**Suggested Usage:** Take 1 capsule near bedtime with water.

Melatonin is a potent free radical scavenger naturally produced in the pineal gland and present in high amounts in the gastrointestinal tract.\* It is involved in many of the body, brain and glandular biological functions including regulation of normal sleep/wake cycles, regulation of the immune system and maintenance of a healthy gastrointestinal lining.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Caution:** For adults only at bedtime. Not for pregnant or nursing women. May cause drowsiness. Do not use in conjunction with alcoholic beverages, when driving a vehicle, or while operating machinery. Consult physician if taking medication (especially sedatives and anti-depressants) or have a medical condition (including depression, high blood pressure and epilepsy). Keep out of reach of children.

1 Year Happiness Guarantee

Distributed by Lucky Health Group Inc.  
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[www.LuckyVitamin.com](http://www.LuckyVitamin.com)



CAPSULE SIZE



# Melatonin

5 mg

- Healthy Sleep Cycle\*
- Free Radical Scavenger\*

180 Veg Capsules

Dietary Supplement

## Supplement Facts

Serving Size 1 Veg Capsule

### Amount Per Serving

Melatonin	5 mg*
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\* Daily Value not established.

Other ingredients: Microcrystalline Cellulose, Hypromellose (cellulose capsule) and Magnesium Stearate (vegetable source).

Not manufactured with wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

Non-GMO



LU3556B V1