

Suggested Usage: Take 1 capsule near bedtime with water. This product is not intended for long-term use. Use beyond 4 consecutive weeks should be only under the supervision of a health-care practitioner.

Melatonin is a potent free radical scavenger naturally produced in the pineal gland and present in high amounts in the gastrointestinal tract.* It is involved in many of the body, brain and glandular biological functions including regulation of normal sleep/wake cycles, regulation of the immune system and maintenance of a healthy gastrointestinal lining.*

Caution: For adults only at bedtime. This product is not intended for long-term use; use only as directed. Not for pregnant or nursing women. May cause drowsiness. Do not use in conjunction with alcoholic beverages, when driving a vehicle, or while operating machinery. Consult physician if taking medication (especially sedatives and anti-depressants) or have a medical condition (including depression, high blood pressure and epilepsy). Keep out of reach of children.

Natural color variation may occur in this product.
Store in a cool, dry place after opening.

1 Year Happiness Guarantee
Distributed by Lucky Health Group Inc
Conshohocken, PA 19428, USA
1-888-635-0474
www.LuckyVitamin.com



**LUCKY
VITAMIN**

Maximum Strength Melatonin

20 mg

- Healthy Sleep Cycle*
- Free Radical Scavenger*

90 Veg Capsules
Dietary Supplement

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving	
Melatonin	20 mg**

** Daily Value not established.

Other ingredients: Magnesium Citrate, Microcrystalline Cellulose, Hypromellose (cellulose capsule) and Stearic Acid (vegetable source).

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Our Maximum Strength Melatonin 20 mg has four times the Melatonin as in our 5 mg product.



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