Suggested Usage: Take 1-2 capsules 2 to 3 times daily on an empty stomach, with final dose at bedtime, or as directed by your physician.

L-Tryptophan is an essential amino acid: therefore, it is not synthesized by the body and must be obtained from the diet.* L-Tryptophan is critical for the production of serotonin and melatonin, which help to support a positive mood, healthy sleep patterns, and proper in mute system function.* Every lot of our L-Tryptophan is tested to be free of Peak E and microbial contamination.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease

Caution: For adults only. Consult physician if pregnant/nursing, taking medication (especially antidepressants such as SSRIs and MAO(s), or have a medical condition. May cause drowsiness. Do not use with alcoholic bridge. erages or while operating heavy machinery. Keep out of reach of children

1YEAR happiness GUARANTEE

Distributed by Lucky Health Group Inc. Constitution, PA 19428, USA 1888-635-0474











L-Tryptophan

500 mg

- Supports Relaxation & Positive Mood*
- · Promotes Restful Sleep*

120 Veg Capsules Dietary Supplement

Supplement Facts Serving Size 2 Veg Capsules Servings Per Container 60

Amount Per Serving

1 g (1,000 mg) L-Tryptophan (Free-Form)

Other ingredients: Cellulose (capsule), Cellulose Powder and Stearic Acid (vegetable source).

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergers.

Do Not Eat Freshness Packet. Keep in Bottle.

Natural color variation may occur in this product.

Store in a cool, dry place after opening. Please Recycle.



