Suggested Usage: Take 1 capsule daily with a meal.

Kelp is a large, leafy seaweed belonging to the brown algae family that grows in "forests" in the colder waters of the world's oceans. Kelp has been used for centuries as an important nutritious staple ingredient in Chinese, Japanese, and Korean cuisines. It is also an excellent source of iodine, which has been shown to be essential for healthy thyroid function.\*

These statements have not been evaluated by the Food and Drug Adminis tration. This product is not intended to diagnose, treat, cure or preven

any disease Cletion: For adults only. Consult physician if pregnant/nursing, taking medication (especially thyroid medications), taking other lodine supplements, or lare a medical condition (especially any thyroid disorder). Keep out of read-

happiness

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188635-0414 www.LuckyVitamin.com







## Kelp

## 325 mcg Natural Iodine

\*Supports Healthy Thyroid Function\*

· Super Green

250 Veg Capsules Dietary Supplement

## Supplement Facts Serving Size 1 Veg Capsule

% Daily **Amount** Per Serving

lodine (from Organic Kelp) 325 mcg (Laminaria spp.) (Whole Plant)

Other ingredients: Cellulose Powder, Cellulose (capsule), Stearic Acid (vegetable source) and Silica. Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced

in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

Please Recycle.

Store in a cool, dry place after opening.





