

Suggested Usage: Take 1 capsule daily with a meal.
Iron is an essential mineral that plays central roles in energy production, immune system function, and neurological health.* Iron is an essential component of hemoglobin, a molecule that transports oxygen to the cells of the body, and myoglobin, which binds oxygen used in muscle tissues.* We use Ferrochel® Iron Bisglycinate, which has clinically demonstrated superior absorption and is well tolerated because it is gentle and non-constipating.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Caution: For adults only. Do not exceed recommended dosage unless directed by a physician. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

1 Year Happiness Guarantee

Distributed by Lucky Health Group Inc.
Conshohocken, PA 19428, USA
1-888-635-0474

www.LuckyVitamin.com



**LUCKY
VITAMIN**

Iron

18 mg

- Essential Mineral
- Gentle & Non-Constipating*

120 Veg Capsules
Dietary Supplement

Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Iron (from Ferrous Bisglycinate) (Ferrochel®)	18 mg	100%

Other ingredients: Rice Flour, Hypromellose (cellulose capsule), Stearic Acid (vegetable source) and Silicon Dioxide.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Ferrochel® is a registered trademark of Albion Laboratories, Inc.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

Non-
GMO



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