

Suggested Usage: Take 1 capsule daily as needed.

Inositol is a non-essential member of the B-complex family with dietary sources from both animal and plant foods. The form of inositol used in this product is myo-inositol, the most abundant form of this nutrient. Inositol is found in all cell membranes, with the highest concentrations in the brain and central nervous system, where it plays an important role in neurotransmitter signaling.* Inositol is also critical for the proper action of insulin, lipid metabolism, and for the maintenance of cellular calcium balance.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

1 Year Happiness Guarantee

Distributed by Lucky Health Group Inc.
Conshohocken, PA 19428, USA
1-888-635-0474

www.LuckyVitamin.com



CAPSULE SIZE



**LUCKY
VITAMIN**

Inositol Capsules

500 mg

- Supports Cellular Health*
- Myo-Inositol Form

100 Capsules

Dietary Supplement

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

Inositol	500 mg*
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* Daily Value not established.

Other ingredients: Rice Flour, Hypromellose (cellulose capsule) and Magnesium Stearate (vegetable source).

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

Non-GMO