

**Suggested Usage:** Take 1 softgel 1 to 3 times daily with food.

Our Hemp Seed Oil Softgels are a convenient way to get your essential fats. Hemp seed oil has a unique and impressive fatty acid profile that consists mainly of the omega-6 essential fatty acids, linoleic acid and gamma-linolenic acid (GLA), and the omega-3, alpha-linolenic acid. The omega-6 to omega-3 ratio of hemp oil is approximately 3:1, which is considered to be ideal.

**Caution:** For adults only. May cause mild temporary gastrointestinal disturbances. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

Distributed by Lucky Health Group Inc.  
Conshohocken, PA 19428, USA  
1-888-635-0474

[www.LuckyVitamin.com](http://www.LuckyVitamin.com)

1 YEAR  
happiness<sup>™</sup>  
GUARANTEE



# Hemp Seed Oil

1,000 mg

- Essential Fatty Acids
- Nutritional Oil

120 Softgels

Dietary Supplement



**LUCKY  
VITAMIN**

## Supplement Facts

Serving Size 1 Softgel

|  | Amount<br>Per Serving | % Daily<br>Value |
|--|-----------------------|------------------|
| Calories   | 10                    |                  |
| Total Fat  | 1 g                   | 1%*              |
| Organic Hemp Seed Oil<br>(Cannabis sativa) (Cold Pressed, Hexane Free) | 1 g (1,000 mg) †      |                  |

\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Softgel Capsule [bovine gelatin (BSE-free), glycerin, water] and d-alpha Tocopherol (from sunflower oil).

Each serving may typically have the following naturally occurring amounts of polyunsaturated fats and monounsaturated fats:

alpha-linolenic acid (omega-3) 21%; linoleic acid and gamma-linolenic acid (GLA) (omega-6) 57%; oleic acid (omega-9) 13%; other (saturated) 9%

Non-GMO

SOFTGEL SIZE

LU1799 V1