



Multilex

T&M

VITAMIN AND MINERAL
SUPPLEMENT

100
TABLETS



TAMPER RESISTANT-DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING

DIRECTIONS: Adults and children over 12 years of age: One tablet daily, preferably with or after a meal.

Supplement Facts

Serving Size 1 Tablet

Amount per tablet		% Daily Value
Vitamin A (as retinyl acetate)	10,000 IU	200%
Vitamin C (as ascorbic acid)	150 mg	250%
Vitamin D (as cholecalciferol)	400 IU	100%
Vitamin E (as dl-alpha tocopheryl acetate)	5.5 IU	18%
Thiamin (Vitamin B-1) (thiamine mononitrate)	15 mg	1000%
Riboflavin (Vitamin B-2)	10 mg	588%
Niacinamide	100 mg	500%
Vitamin B-6 (as pyridoxine HCl)	2 mg	100%
Vitamin B-12 (as cyanocobalamin)	7.5 mcg	125%
Pantothenic Acid (as calcium pantothenate)	10 mg	100%
Iron (as ferrous fumarate)	15 mg	83%
Iodine (as potassium iodide)	0.15 mg	100%
Magnesium (as magnesium oxide)	5 mg	<2%
Zinc (as zinc sulfate)	1.5 mg	10%
Copper (as copper sulfate)	1 mg	50%
Manganese (as manganese gluconate)	1 mg	50%

Other Ingredients: Microcrystalline cellulose, lactose, talc, hypromellose, croscarmellose sodium, vegetable stearic acid, FD&C yellow #6 (sunset yellow), titanium dioxide, polyethylene glycol, triacetin, vegetable magnesium stearate, silicon dioxide, dicalcium phosphate anhydrous, calcium sulphate, ethyl vanillin, carnauba wax, hydrolysed gelatin, sorbic acid and sodium benzoate. **Contains milk.**

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a physician or Poison Control Center immediately.

To preserve quality and freshness, keep bottle tightly closed.

Store between 15°-30°C (59°-86°F).



Control No.:

Exp. Date:

Questions or comments?
Call 1-800-645-2158, weekdays 9 am-5 pm EST

Mfd for: **RUGBY LABORATORIES, INC.**
DULUTH, GEORGIA 30097