Suppested Usage: Take 3 softgels 1 to 2 times daily with food. flux oil is a natural reservoir for the omega-3 fatty acid alpha-linoleni acid (ALA). ALA is considered an essential fatty acid because the body carnot make it from other fats and must obtain it from the diet. Flax of has been shown to support cardiovascular health and to promote the maintenance of healthy skin.\*

This flax seed oil has been specially pressed to be as close to the original oil in the seed as possible. Extreme care has been taken in bringing this product to market in softgel form, which seals in the oil and protects it from exidation and contamination

These statements have not been evaluated by the Food and Drug Administraton. This product is not intended to diagnose, treat, cure or prevent any dis-

Caution: For adults only. Flax oil is generally well tolerated, but may be asso ated with mild temporary gastro-intestinal disturbances. Consult physician if pregnant/nursing, taking medication, or have a medical condition, including allergy to flax seed. Keep out of reach of children.

Natural color variation may occur in this product. Store in a cool, dry place after opening.



Distributed by Lucky Health Group Inc. Conshohocken, PA 19428, USA

1-888-635-0474 www.LuckyVitamin.com Certified Organic by QAI



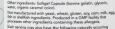
· Cardiovascular Support\* · Made with Organic Flax Oil

100 Soltaels Dietary Supplement



## Flax Oil 1.000 mg

with Essential Omega-3s



(Linum usitatissimum) (Cold Pressed, Unrefined

Percent Daily Values are based on a 2 000 calorie diet

Supplement Facts

4%

0.5

3 a (3.000 ma)

Serving Size 3 Softgels Servings Per Container 33

Calorina

Polyunsaturated Fat

Monounsaturated Fat

Daily Value not established

Omanic Flay Soud Oil

amounts of polyunsaturated fats and monounsaturated Linolenic Acid (Omega-3) 55%: Linoleic Acid (Omega-6) 14%; Oleic Acid (Omega-9) 19%; Other (Saturated) 12%.

SOFTGEL SIZE



## LUCKY

