

Suggested Usage: Take 2 capsules 1 to 3 times daily.

Fenugreek is one of the oldest herbs traditionally used in ancient Greece, Egypt and China. It has been used in a variety of ways and can be added to hot water to make tea.

Caution: For adults only. Not recommended for pregnant women. Consult physician if nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

1 YEAR
happiness[™]
GUARANTEE

Distributed by Lucky Health Group Inc.
Conshohocken, PA 19428, USA
1-888-635-0474

www.LuckyVitamin.com



CAPSULE SIZE



Fenugreek

500 mg

• Traditional Herbal Supplement

250 Veg Capsules

Dietary Supplement



Supplement Facts

Serving Size 2 Veg Capsules

Servings Per Container 125

	Amount Per Serving	% Daily Value
Total Carbohydrate	< 1 g	< 1%*
Organic Fenugreek (<i>Trigonella foenum-graecum</i>) (Seed)	1 g (1,000 mg)	†

* Percent Daily Values are based on a 2,000-calorie diet.

† Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Stearic Acid (vegetable source), Magnesium Stearate (vegetable source) and Silicon Dioxide.

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.



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