Suggested Usage: Take 2 capsules 1 to 3 times daily.

Fenugreek is one of the oldest herbs traditionally used in ancient Greece. Egypt and China. It has been used in a va-

riety of ways and can be added to hot water to make tea. Caution: For adults only. Not recommended for pregnant women. Consult physician if nursing, taking medication, or have a medical

Natural color variation may occur in this product.

condition. Keep out of reach of children.

happingas

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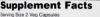
Herbs HERBAL SUPPLEMENTS

Fenugreek

500 mg

· Traditional Herbal Supplement





Servings Per Container 125 % Dail Value

Total Carbohydrate < 1 a Organic Fenugreek 1 a (1.000 mg (Trigonella foenum-graecum) (Seed)

Percent Daily Values are based on a 2 000 calorie diet Daily Value not established

Other ingredients: Hypromellose (cellulose capsule), Stearic Acid (vegetable source), Magnesium Stearate (vegetable source) and Silicon Dioxide. Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients

Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening

Non-GM0

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