Suggested Usage: Take 1 lozenge just prior to bedtime as needed. Chew lozenge or hold in mouth until dissolved and swallow.

Melatonin is a potent free radical scavenger naturally produced in the pineal gland.* It is involved in many of the regalatory processes of the body, including regulation of glandular secretory functions related to the maintenance of normal sleep/wake cycles and aspects of immune system function.*

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. May cause drowsiness. Do not operate a whicle or heavy machinery following consumption of melatonin. Consult physician if pregnant/nursing, taking medication (esp cally sedatives, immunosuppressants or anticoagulants), or have a medical condition (including diabetes, auto-immune conditions depressive disorders, cardiovascular conditions and epilepsyl Keep out of reach of children.







Chewabla

3 mg

· Healthy Sleep Cycle*

Dietary Supplement



Supplement Facts Serving Size 1 Lozenge

Per Serving 176%

3 mg

Other ingredients: Fructose, Cellulose, Stearic Acid (veg etable source), Mannitol, Natural Peppermint Flavor, Sorbitol and Magnesium Stearate (vegetable source).

Not manufactured with wheat, gluten, soy, milk, egg. sh, shellfish or tree nut ingredients. Produced in a GM facility that processes other ingredients containing these allergens.

Vitamin B-6 (from Pyridoxine HCI)

† Daily Value not established.

Do Not Eat Freshness Packet. Keep in Bottle. Natural color variation may occur in this product.









Melatonin