

Suggested Use: Use only as directed. Take 1 capsule daily with a meal or glass of water. Children between the ages of 6 and 12 take no more than one capsule daily.

Caution: Do not use if safety seal is broken or missing. Keep out of reach of children. Consult your licensed healthcare practitioner before using this product. This product contains Cascara Sagrada. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, abdominal pain, or intestinal obstruction. Consult your physician if you have frequent diarrhea, are pregnant, nursing, taking medication, or have a medical condition. Do not take for more than seven consecutive days. Not recommended for children under 6 years of age.

1 YEAR
happiness
GUARANTEE

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 **Lucky
Herbs** HERBAL
SUPPLEMENTS
by Lucky Vitamin

Cascara Sagrada

Rhamnus Purshiana

450 mg

180 Veg Capsules
Dietary Supplement



Supplement Facts

Serving Size 1 Capsule

Servings Per Container 180

	Amount Per Serving	% Daily Value
Cascara Sagrada (Rhamnus purshiana) (bark)	450 mg	*

* Daily Value not established.

Other Ingredients: Vegetable Cellulose Capsule and Magnesium Stearate.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.

Keep out of sunlight. Store in a cool, dry place.