Amount Per Serving	% Daily \	V alue
Choline (as choline bitartrate)	50 mg	*
Inositol	50 ma	*
Bioflavonoid Complex (from lemon)	30 mg	*
Betaine (as betaine HCl)	20 mg	*
Enzymes (from papain, bromelain)	20 mg	*
Boron (amino acid chelate)	200 mcg	*
Bioflavonoid Complex (from lemon) Betaine (as betaine HCl) Enzymes (from papain, bromelain) Boron (amino acid chelate) Vanadium (amino acid chelate)	2 mca	*

OTHER INGREDIENTS: VEGETARIAN CAPSULE (CELLULOSE), MAGNESIUM STEARATE (VEGETARIAN SOURCE), SILICA, RICE BRAN.

> **VitaScript Optimal Health Center** 888-248-3266 www.VitaScriptRx.com

SUGGESTED USE: Take two capsules daily with food.

* Daily Value not established.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, crustacean shellfish or fish.

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We Guarantee Our Supplements for Potency and Purity

To report a serious adverse event, call 1-888-710-0006

VITASCRIPT

Optimal

Multi-Caps

Vitamins, Minerals, Enzymes Easy to swallow Iron free

Dietary Supplement



100 CAPSULES

Supplement Facts

Serving Size 2 Capsules Servings Per Container 45

Amount Per Serving % Da	aily Value
Vitamin A (as beta-carotene)	100%
Vitamin C (as ascorbic acid)	208%
Vitamin D3 (as cholecalciferol)	100%
Vitamin E (as d-alpha tocopheryl succinate) 100 IU	333%
Thiamin (from thiamin mononitrate)50 mg	3333%
Dihotlavin 50 mg	2941%
Niacin (as niacinamide)50 mg	250%
Niacin (as niacinamide)	2500%
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Vitamin B12 (as cyanocobalamin) 50 mcg	833%
Biotin 200 mcg	6/%
Pantothenic Acid (as d-calcium pantothenate) 50 mg	500%
Calcium (from calcium carbonate)	15%
lodine (from potassium iodide and kelp) 100 mcg	67%
Magnesium (from magnesium citrate)75 mg	19%
Zinc (from OptiZinc®)15 mg	100%
Zinc (from OptiZinc®)	71%
Copper (from copper gluconate)	100%
Manganèse (from manganous carbonate) 2 mg Chromium (from ChromeMate® polynicotinate) 50 mcg	100%
Chromium (from ChromeMate® polynicotinate) 50 mcg	42%
Molybdenum (as molybdate)	13%
Potassium (from potassium citrate)15 mg	<1%

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.