## Ashwagandha A



is one of the most powerful herbs in Ayurvedic medicine and is often referred to as "Indian ginseng" because of its impressive properties.\*

A potent "adaptogen", Ashwagandha supports the body's natural ability to relieve stress and restlessness.\*

Natural Ashwagandha contains many useful compounds, including: withanolides (steroidal lactones), fatty acids, alkaloids, amino acids, choline, and a variety of natural sugars.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



NutraHerbals #1 in Avurvedic Supplements



## ASHWAGANDHA

## WITH BLACK PEPPER EXTRACT

Made With Organic Ashwagandha & Black Pepper Extract

Extra Strength • 1200 mg Per Serving



Supports Nervous System'

Normalizes Energy & Mood Increased Absorption\*

Dietary Supplement • 120 Pullulan Capsules

Suggested Use: As a dietary supplement, take two (2) capsules 1 time per day, preferably with a meal, or as recommended by a healthcare professional.

## **SUPPLEMENT FACTS**

Serving Size: 2 Capsules Servings Per Container: 60

Amount Per Serving %DV

Organic Ashwagandha Root Powder 1200 mg (Withania somnifera)

Organic Black Pepper Extract (Piper nigrum) 5 mg

\*\* Daily Value (DV) not established Other Ingredients: Pullulan Capsule

Manufactured for: NutraHerbals 4023 Kennett Pike #50040 Wilmington, DE 19807

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Caution: Pregnant or nursing mothers, children under the age of IR and individuals with a known medical condition should consult a health-carried to the condition of the condit healthcare professional before using this or any dietary supplement KEEP OUT OF REACH OF CHILDREN, DO NOT USE IF SAFETY SEALS DAMAGED OR MISSING, STORE IN A COOL, DRY PLACE.