

**Suggested Usage:** Take 1 softgel 3 times daily with food.

Berberine is a natural constituent of herbs such as goldenseal, Oregon grape, and barberry. Clinical studies have demonstrated that berberine helps to support already normal glucose and lipid metabolism.\* Because berberine is known for its limited bioavailability, this product includes caprate (C10, a medium-chain triglyceride) to promote optimal absorption and maintenance of gastrointestinal comfort during berberine supplementation.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Caution:** For adults only. Do not use if you are pregnant, may become pregnant, or are breastfeeding. This product may cause mild gastrointestinal discomfort. If you are taking medications (especially anti-diabetes medications) or have a medical condition, consult your physician prior to use. Keep out of reach of children.

Natural color variation may occur in this product.

1 YEAR  
happiness  
GUARANTEE

Distributed by Lucky Health Group Inc.  
Conshohocken, PA 19428, USA  
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[www.LuckyVitamin.com](http://www.LuckyVitamin.com)

# Berberine

## 400 mg

- Supports Glucose and Lipid Levels  
Already within the Normal Range\*
- with MCT Oil for Optimal Absorption

### 90 Softgels

Dietary Supplement

**LUCKY  
VITAMIN**

## Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	5	
Total Fat	0.5 g	< 1%*
Saturated Fat	0.5 g	3%*
Berberine HCl (from <i>Berberis aristata</i> bark)	400 mg	†
MCT Oil (Medium-Chain Triglycerides)	700 mg	†
Capric Acid (C10) (from MCT Oil)	238 mg	†

\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

Other ingredients: Softgel Capsule (bovine gelatin, glycerin, water, caramel color), Beeswax and Sunflower Lecithin.

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

SOFTGEL SIZE

LU1418 V1

