## Suggested Usage: Take 1 capsule daily with a meal.

This product provides a full complement of B-vitamins of scholes and inosital. These vitamins work to support energy production maintain healthy homocysteine metabolism, and promote the health of the nervous system.\* B-vitamins are water soluble, and with the exception of B-12, have limited storage in the body and thus require daily replenishment. While B-12 is stored in the liver dietary sources are of animal origin only (meat and dairy) and supplementation with 8-12 may be especially important for vegetarians.

These statements have not been evaluated by the Food and Drug Adminis

tration. This product is not intended to diagnose, treat, cure or prevent any Caution: For adults only. Consult physician if pregnant/nursing, taking medica ton, or have a medical condition. Keep out of reach of children

Natural color variation may occur in this product. Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut. rigredients. Produced in a GMP facility that processes other ingredients containing these allergens.

## 1 Year Happiness Guarantee

Distributed by Lucky Health Group Inc. Conshohocken, PA 19428, USA 1-888-635-0474

www.LuckyVitamin.com







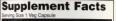


## **B-Complex**

## 50 mg

- · Supports Energy Production
- · Nervous System Health\*

100 Veg Capsules Dietary Supplement



Size 1 Veg Capsule		
	Amount	% Daily

	Per Serving	Value
Thiamin (Vitamin B-1) (from Thiamin H0	CI) 50 mg	4167%
Riboflavin (Vitamin B-2)	50 mg	38469
Nacin (Vitamin B-3) (as Niacinamide)	50 mg	3139
Vitamin B-6 (from Pyridoxine HCI)	50 mg	29419
Folate 6 (400 m	67 mcg DFE cg folic acid)	1679
Vramin B-12 (as Cyanocobalamin)	50 mcg	20839
Biotin	50 mcg	1679
Pantothenic Acid (from Calcium Pantothe	nate) 50 mg	10009
Choline (from Choline Bitartrate)	25 mg	5%
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ther ingredients: Hypromellose (cellulose capsule), Microcrystaline Cellulose, Silicon Dioxide and Magnesium Stearate (secetable source).

Store in a cool, dry place after opening.



<sup>†</sup> Daily Value not established