Suggested Usage: Take 2 capsules 1 to 2 times daily with 8-10 oz. of water or juice, preferably 30 minutes before meals. Be sure to consume additional fluids throughout the day. Start with smaller dosages and gradually increase over several weeks. Apple Pectin is a water soluble fiber which has a gel-forming

effect when mixed with water. As a dietary fiber, Apple Pectin may be helpful in supporting good intestinal health. *These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure

Caution: For adults only. Consult physician if pregnant/nursing, take ing medication, or have a medical condition. Keep out of reach of

Natural color variation may occur in this product.

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or prevent any disease.

www.LuckyVitamin.com



VITAMIN

Apple Pectin

700 mg

· Intestinal Support*

· Dietary Fiber

120 Veg Capsules Dietary Supplement



	Amount Per Serving	% Daily Value
Total Carbohydrate	1 g	< 1%*
Dietary Fiber	1 g	4%*
Total Sugars	<1g	†
Apple Pectin Powder	1.4 g (1,400 mg)	Ť
* Percent Daily Values are bas-	ed on a 2.000 calorie diet.	

† Daily Value not established Other ingredients: Cellulose (capsule) and Stearic Acid (vegetable source).

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other

ingredients containing these allergens. Store in a cool, dry place after opening.



