

**CAUTION:**

Consult with your healthcare provider if you are pregnant, nursing, taking any medications or planning any medical procedures. Do not exceed the recommended dose. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Store in a cool, dry place. Do not use if safety seal is broken or missing. Keep out of reach of children.

Free of Sugar, Starch, Sodium, Yeast, Corn, Wheat, Egg, Artificial Colors, Flavors, & Preservatives.

*\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*



**VITAMATIC®**  
**METHYL  
FOLATE**  
**15 MG**

✓ The more stable, metabolically active & soluble form of folate



**120** Vegetable Capsules



DIETARY SUPPLEMENT

**Supplement Facts**

Serving Size: 1 Vegetable Capsule

Servings Per Container: 120

|        | Amount Per Serving                       | %Daily Value+ |
|--------|------------------------------------------|---------------|
| Folate | 25,000 mcg DFE<br>(15 mg L-Methylfolate) | 6,250%        |

**Other Ingredients:** Rice Powder, Cellulose (Vegetable Capsule), Vegetable Magnesium Stearate. Silicone Dioxide.

**SUGGESTED USE:**

As a dietary supplement, take 1 capsule daily or as directed by your health care practitioner.

**MANUFACTURED FOR:**

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