



THERA(NATAL) OvaVITE®

PRECONCEPTION SUPPLEMENT WITH COENZYME Q₁₀

Essential Nutrients Before Conception

Coenzyme Q₁₀ for Healthy Egg Quality*

Folate, Choline, and 50 mcg (2,000 IU) Vitamin D₃

Independently Content-Certified by
NSF® International



13 Week Supply
91 Tablets
+ 182 Softgels

Supplement Facts

Serving Size: 2 Softgels
Servings Per Container: 91

	Amount Per 2 Softgels	% Daily Value for Pregnant Women
Vitamin E (as d-alpha tocopheryl acetate)	13.4 mg	71%
Natural Coenzyme Q ₁₀ (as ubiquinone)	250 mg	1

¹ Daily Value not established.

Other ingredients: VESIsorb® microemulsion preconcentrate (medium-chain triglycerides, nonionic surfactant, polyglycerol esters of fatty acids, citrus oil extract (*citrus sinensis*, peel)), gelatin (bovine), sorbitol, glycerin, riboflavin (for color), purified water

VESIsorb® is a registered trademark of SourceOne Global Partners

Supplement Facts

Serving Size: 1 Tablet
Servings Per Container: 91

	Amount Per Tablet	% Daily Value for Pregnant Women
Vitamin A (100% as beta-carotene)	900 mcg	69%
Vitamin C (as ascorbic acid)	100 mg	83%
Vitamin D (as cholecalciferol)	50 mcg (2000 IU)	333%
Vitamin E (as d-alpha tocopheryl succinate)	20 mg	106%
Vitamin K (as phytonadione)	90 mcg	100%
Thiamin (as thiamin mononitrate)	5 mg	357%
Riboflavin (vitamin B ₂)	5 mg	313%
Niacin (as niacinamide)	20 mg	111%
Vitamin B ₆ (as pyridoxine hydrochloride)	30 mg	1500%
Folate (as L-5-methyltetrahydrofolate, calcium salt)	1334 mcg DFE	222%
Vitamin B ₁₂ (as methylcobalamin)	12 mcg	429%
Biotin (as d-biotin)	30 mcg	86%
Pantothenic Acid (as d-calcium pantothenate)	6 mg	86%
Choline (as VitaCholine® choline Li(+) bitartrate)	100 mg	18%
Calcium (as calcium carbonate)	140 mg	11%
Iron (as ferrous fumarate)	18 mg	67%
Iodine (as potassium iodide)	220 mcg	76%
Magnesium (as magnesium oxide & magnesium citrate)	50 mg	13%
Zinc (as TRAACS® zinc bisglycinate chelate)	13 mg	100%
Selenium (as Albion® selenium glycinate)	70 mcg	100%
Copper (as copper citrate)	1 mg	77%
Chromium (as TRAACS® chromium nicotinate glycinate chelate)	30 mcg	67%
Molybdenum (as TRAACS® molybdenum glycinate chelate)	50 mcg	100%

Other ingredients: Microcrystalline cellulose, croscarmellose sodium, sodium citrate, vegetable stearic acid, vegetable juice color, silicon dioxide, vegetable magnesium stearate, hypromellose
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