

NO wheat, corn, soy, or dairy.
NO ingredients of animal origin.
• Gluten Free • Vegan Friendly
• cGMP

Neutral Code No. :
KR/Drugs/DLA AUS-83

Mfg. Lic. No. AUS-83

Distributed by:
Himalaya Wellness USA Ltd.
1101 Gillingham Lane
Sugar Land, Texas 77478

Product of India
Questions? Please call
1-800-869-4640
or visit www.himalayausa.com

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Ayurveda had many names for Turmeric including "Gives delight to the heart," but today it is often called the ultimate superfood. Researchers have described this plant as a gift from nature supporting the joints, liver, immune system, heart, GI tract and more.*

Our Turmeric is grown in India to take full advantage of the historical relationship between the plant and its native soils.*

Featured herb on front: Turmeric (rhizome & aerial parts)

GLUTEN FREE • VEGAN FRIENDLY • cGMP



WHEAT CORN SOY DAIRY

No ingredients of animal origin

HUS-5050037

Researchers have described Turmeric as a gift from nature supporting the joints, liver, immune system, heart, GI tract and more.*

Recommended Use:
Adults take 1 capsule per day after food.

1 MONTH SUPPLY

Caution: As with any supplement, consult a healthcare practitioner before use if you are pregnant, nursing, taking medication, have a medical condition or are planning any medical procedure. Discontinue use and consult a healthcare practitioner if any adverse reactions occur. Keep out of reach of children.

Lot No.:
Exp. Date:

Unvarnished area
24x7mm

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HAPPINESS THROUGH WELLNESS

Crafting traditional medicines based on Ayurveda, a 5000 year old science that believes the journey back to wholeness begins with nurturing the capacity for joy.

Trusting the gifts of nature and the irreplaceable relationship between the plant and its native soil for consistent healing properties.

Contributing to the wellness of the earth by teaching our family of farmers to grow native plants sustainably on their land and reduce the demand on the local environment.

Building communities by advocating women in farming, protecting fair prices, providing maternal health, sponsoring clinical services and offering school wellness programs.

Believing that if wellness is the path to happiness, we must contribute to the wellness of all things. Wellness of people, wellness of the environment, wellness of our communities.

FAMILY OWNED FOR OVER 90 YEARS

Lot No.:
Exp. Date:

Unvarnished area
28 x 8mm

Himalaya
SINCE 1930



TURMERIC 95®
With Curcumin
For Joint Support*

Herbal Supplement
30 VEGETARIAN CAPSULES



Himalaya
SINCE 1930



TURMERIC 95®
With Curcumin
For Joint Support*



Herbal Supplement
30 VEGETARIAN CAPSULES
1 Month Supply



Supplement Facts	
Serving Size: 1 Capsule	
Servings Per Container: 30	
Amount Per Serving	
Turmeric powder (rhizome)	350 mg*
Turmeric extract (rhizome) (Curcuma longa) (95% Curcuminoids, 237.5 mg)	250 mg*
*Daily Value not established	

Other Ingredients:
Plant based cellulose (capsule)



Our cartons are made from 100% recycled fibers, including 40% post-consumer material. Our glass bottles contain at least 48% recycled content.



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HUS-5050038

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