

NO wheat, corn, soy, or dairy.
NO ingredients of animal origin.
• Gluten Free • Vegan Friendly
• cGMP

Distributed by:
Himalaya Wellness USA Ltd.
1101 Gillingham Lane
Sugar Land, Texas 77478
Certified Organic by Control
Union Certifications, CU 867461

Product of India
Neutral Code No.:
KR/Drugs/DLA AUS-83
Mfg. Lic. No. AUS-83

Questions? Please call
1-800-869-4640
or visit www.himalayausa.com

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Trikatu, or three pungents, is comprised
of Ginger and two species of Pepper fruit.
Ayurveda guides us to Trikatu to prime
the stomach and tone the mucosal lining
to safely digest food and assist in the
assimilation of nutrients.*

Recommended Use:
Adults take 1 caplet per day after food.

2 MONTH SUPPLY

Caution: As with any supplement, consult a healthcare
practitioner before use if you are pregnant, nursing,
taking medication, have a medical condition or are
planning any medical procedure. Discontinue use and
consult a healthcare practitioner if any adverse
reactions occur. Keep out of reach of children.

Lot No.:
Exp. Date:

Unvarnished area
24x7mm



Organic
TRIKATU

Support for bloating & overeating*
Soothes occasional heartburn*

Herbal Supplement
60 CAPLETS

Supplement Facts

Serving Size: 1 Caplet
Servings Per Container: 60

Amount Per Serving

Organic ginger (rhizome) & pepper powder (stem) (0.15% Piperine, 0.59 mg)	390 mg*
Organic trikatu extract ginger (rhizome), long pepper (fruit), pepper (fruit)	280 mg*
Organic ginger (rhizome) & pepper (fruit) supercritical CO ₂ extract (15% Gingerols, 3 mg & 2.5% Piperine, 0.5 mg)	20 mg*

*Daily Value not established

Our cartons are
made from 100%
recycled fibers,
including 40%
post-consumer
material. Our
glass bottles
contain at least
48% recycled
content.



HUS-5050105

Ayurvedic texts described the digestive
system as a fire whose responsibility was to
transform energy into our own life-force.
When we overindulge with food, we can
dampen that fire, leaving behind smoldering
flames in the form of gas, bloating and
occasional heartburn.*

To this end, Ayurveda guides us to what is now
famously called Trikatu, or three pungents.
Comprised of Ginger and two species of
Pepper fruit, Trikatu primes the stomach and
tones the mucosal lining to safely digest food
and assist in the assimilation of nutrients.*

Featured herbs on front: Ginger (rhizome)
& Long pepper (leaves & fruit)

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WHEAT CORN SOY DAIRY

No ingredients of animal origin

HAPPINESS THROUGH WELLNESS

Crafting traditional medicines based on
Ayurveda, a 5,000 year old science that
believes the journey back to wholeness
begins with nurturing the capacity for joy.

Trusting the gifts of nature and the
irreplaceable relationship between the
plant and its native soil for consistent
healing properties.

Contributing to the wellness of the earth
by teaching our family of farmers to grow
native plants sustainably on their land
and reduce the demand on the local
environment.

Building communities by advocating
women in farming, protecting fair prices,
providing maternal health, sponsoring
clinical services and offering school
wellness programs.

Believing that if wellness is the path to
happiness, we must contribute to the
wellness of all things. Wellness of people,
wellness of the environment, wellness of
our communities.

FAMILY OWNED FOR OVER 90 YEARS

Lot No.:
Exp. Date:

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28 x 8mm



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