

NO wheat, corn, soy, or dairy.  
NO ingredients of animal origin.  
• Gluten Free • Vegan Friendly  
• cGMP

Neutral Code No.:  
KR/Drugs/DLA AUS-83

Mfg. Lic. No. AUS-83

Distributed by:  
Himalaya Wellness USA Ltd.  
1101 Gillingham Lane  
Sugar Land, Texas 77478

Product of India

Questions? Please call  
1-800-869-4640

or visit [www.himalayausa.com](http://www.himalayausa.com)

Originally known as Tulasi  
which, when translated,  
alludes to its effect on  
meditation.\*

**Recommended Use:**  
Adults take 1 capsule twice daily  
before meals.

1 MONTH SUPPLY

Caution: As with any supplement, consult a healthcare practitioner before use if you are pregnant, nursing, taking medication, have a medical condition or are planning any medical procedure. Discontinue use and consult a healthcare practitioner if any adverse reactions occur. Keep out of reach of children.

Lot No.:  
Exp. Date: Unvarnished area  
24x7mm

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Himalaya  
SINCE 1930



HOLY BASIL

Promotes tranquility & relaxation\*  
Cultivates adrenal wellness\*

Herbal Supplement

60 VEGETARIAN  
CAPSULES



The original name for Holy Basil  
was Tulasi, which refers to a  
figure considered the most  
devout in the ancient  
mythology of India, alluding  
to the effect it has on focus,  
meditation and attention.\*

Researchers have found that  
several compounds in Holy Basil  
may exert a positive effect on the  
stress response system.\*

Featured herb on front: Holy basil (aerial parts)

GLUTEN FREE • VEGAN FRIENDLY • cGMP



WHEAT CORN SOY DAIRY

No ingredients of animal origin

HAPPINESS THROUGH WELLNESS

**Crafting** traditional medicines based on Ayurveda, a 5,000 year old science that believes the journey back to wholeness begins with nurturing the capacity for joy.

**Trusting** the gifts of nature and the irreplaceable relationship between the plant and its native soil for consistent healing properties.

**Contributing** to the wellness of the earth by teaching our family of farmers to grow native plants sustainably on their land and reduce the demand on the local environment.

**Building** communities by advocating women in farming, protecting fair prices, providing maternal health, sponsoring clinical services and offering school wellness programs.

**Believing** that if wellness is the path to happiness, we must contribute to the wellness of all things. Wellness of people, wellness of the environment, wellness of our communities.

FAMILY OWNED FOR OVER 90 YEARS

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28 x 8mm

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SINCE 1930



HOLY BASIL

Promotes tranquility & relaxation\*  
Cultivates adrenal wellness\*



Herbal Supplement



1 Month Supply

Supplement Facts

Serving Size: 1 Capsule  
Servings Per Container: 60

Amount Per Serving

Organic holy basil powder (leaf) 500 mg\*  
(0.4% Ursolic acid and Oleanolic acid, 2.0 mg)

Organic holy basil extract (leaf) 160 mg\*

Organic holy basil supercritical CO<sub>2</sub> extract 60 mg\*  
(leaf) (*Ocimum tenuiflorum*)  
(2.5% Ursolic acid and Oleanolic acid, 1.5 mg)

\*Daily Value not established

Other Ingredients: Plant based cellulose (capsule)



Our cartons are made from 100% recycled fibers, including 40% post-consumer material. Our glass bottles contain at least 48% recycled content.



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HUS-5050089

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