

NO wheat, corn, soy, or dairy.
NO ingredients of animal origin.
• Gluten Free • Vegan Friendly
• cGMP

Neutral Code No. :
KR/Drugs/DLA AUS-83
Mfg. Lic. No. AUS-83

Distributed by:
Himalaya Wellness USA Ltd.
1101 Gillingham Lane
Sugar Land, Texas 77478

Product of India

Questions? Please call
1-800-869-4640

or visit www.himalayausa.com

**Guggul translates to protector.
Modern research has focused on
its potential to support total
cholesterol count already within
the normal range.***

Recommended Use:
Adults take 2 capsules twice daily
after meals.

15 DAY SUPPLY

Caution: As with any supplement, consult a healthcare practitioner before use if you are pregnant, nursing, taking medication, have a medical condition or are planning any medical procedure. Discontinue use and consult a healthcare practitioner if any adverse reactions occur. Keep out of reach of children.

Lot No.:
Exp. Date:

Unvarnished area
24x7mm

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

**In the ancient Ayurvedic texts,
Guggul, which translates to
protector, was commonly
included in formulas as it was
believed to tone digestion and
the liver, making other
ingredients more effective.***

Today, researchers have focused
on its potential to support total
cholesterol count with particular
attention to HDL and LDL
cholesterol already within
the normal range.*

Featured herb on front: Guggul (crystallized resin)

GLUTEN FREE • VEGAN FRIENDLY • cGMP



No ingredients of animal origin

HAPPINESS THROUGH WELLNESS

Crafting traditional medicines based on Ayurveda, a 5,000 year old science that believes the journey back to wholeness begins with nurturing the capacity for joy.

Trusting the gifts of nature and the irreplaceable relationship between the plant and its native soil for consistent healing properties.

Contributing to the wellness of the earth by teaching our family of farmers to grow native plants sustainably on their land and reduce the demand on the local environment.

Building communities by advocating women in farming, protecting fair prices, providing maternal health, sponsoring clinical services and offering school wellness programs.

Believing that if wellness is the path to happiness, we must contribute to the wellness of all things. Wellness of people, wellness of the environment, wellness of our communities.

FAMILY OWNED FOR OVER 90 YEARS

Lot No.:
Exp. Date:

Unvarnished area
28 x 8mm

Himalaya
SINCE 1930



GUGGUL

Helps maintain cholesterol levels
Already within the normal range*

Herbal Supplement

60 VEGETARIAN CAPSULES



Himalaya
SINCE 1930



GUGGUL

Helps maintain cholesterol levels
Already within normal range*

Herbal Supplement

60 VEGETARIAN
CAPSULE



Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

Amount Per Serving

Organic guggul extract (oleo-gum-resin) 390 mg*

Organic guggul powder (stem) 210 mg*

Organic guggul supercritical CO₂ extract 120 mg*
(oleo-gum-resin) (*Commiphora mukul*)
(6% Guggulsterone, 7.2 mg)

*Daily Value not established

Other Ingredients: Plant based cellulose (capsule)



Our cartons are made from 100% recycled fibers, including 40% post-consumer material. Our glass bottles contain at least 48% recycled content.



HUS-5050094

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