

NO wheat, corn, soy, or dairy.
 NO ingredients of animal origin.
 • Gluten Free • Vegan Friendly
 • cGMP

Distributed by:
 Himalaya Wellness USA Ltd.
 1101 Gillingham Lane
 Sugar Land, Texas 77478

Certified Organic by Control
 Union Certifications, CU 867461

Product of India

Neutral Code No.:
 KR/Drugs/DLA AUS-83
 Mfg. Lic. No. AUS-83

Questions? Please call
 1-800-869-4640
 or visit www.himalayausa.com

Garcinia was traditionally used to tone the digestive system for appetite support. It may play a role in fat metabolism in conjunction with diet and exercise.*

Recommended Use:
 Adults take 1 caplet twice daily after meals.

1 MONTH SUPPLY

Caution: As with any supplement, consult a healthcare practitioner before use if you are pregnant, nursing, taking medication, have a medical condition or are planning any medical procedure. Discontinue use and consult a healthcare practitioner if any adverse reactions occur. Keep out of reach of children.

Lot No.: Unvarnished area
 Exp. Date: 24x7mm



Himalaya[®]
 SINCE 1930

Organic GARCINIA

A step towards optimal weight*
 Supports appetite & metabolism*

Herbal Supplement

60 CAPLETS

Supplement Facts

Serving Size: 1 Caplet
Servings Per Container: 60

Amount Per Serving

Organic garcinia powder (fruit rind and leaf) (1% Hydroxycitric acid, 3.5 mg)	350 mg*
Organic garcinia extract (fruit) (<i>Garcinia cambogia</i>) (65% Hydroxycitric acid, 162.5 mg)	250 mg*

*Daily Value not established



Our cartons are made from 100% recycled fibers, including 40% post-consumer material. Our glass bottles contain at least 48% recycled content.



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Garcinia has been used in Ayurveda to support digestion and appetite for thousands of years but its popularity in the West exploded overnight. This small, bitter fruit was traditionally used to tone the digestive system, a key area for appetite support.*

Modern research has shown that Garcinia may play a role in fat metabolism and support optimal weight when used in conjunction with diet and exercise.*

Featured herb on front: Garcinia (fruit)

GLUTEN FREE • VEGAN FRIENDLY • cGMP



WHEAT CORN SOY DAIRY

No ingredients of animal origin

HAPPINESS THROUGH WELLNESS

Crafting traditional medicines based on Ayurveda, a 5,000 year old science that believes the journey back to wholeness begins with nurturing the capacity for joy.

Trusting the gifts of nature and the irreplaceable relationship between the plant and its native soil for consistent healing properties.

Contributing to the wellness of the earth by teaching our family of farmers to grow native plants sustainably on their land and reduce the demand on the local environment.

Building communities by advocating women in farming, protecting fair prices, providing maternal health, sponsoring clinical services and offering school wellness programs.

Believing that if wellness is the path to happiness, we must contribute to the wellness of all things. Wellness of people, wellness of the environment, wellness of our communities.

FAMILY OWNED FOR OVER 90 YEARS

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*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.