

NO wheat, soy, or dairy.
NO ingredients of animal origin.
• Gluten Free • Vegan Friendly
• cGMP

Neutral Code No. :
KR/Drugs/DLA AUS-83
Mfg. Lic. No. AUS-83

Distributed by:
Himalaya Wellness USA Ltd.
1101 Gillingham Lane, Sugar
Land, Texas 77478

Product of India

Questions? Please call
1-800-869-4640 or visit
www.himalayausa.com

The ancient texts of Ayurveda
spoke of Boswellia as a tree that
could promote flexibility,
support muscle relaxation and
aid joint integrity to promote
range of motion.*

Recommended Use:
Adults take 2 capsules twice daily with food.

1 MONTH SUPPLY

Caution: As with any supplement, consult a healthcare practitioner before use if you are pregnant, nursing, taking medication, have a medical condition or are planning any medical procedure. Discontinue use and consult a healthcare practitioner if any adverse reactions occur. Keep out of reach of children.

Lot No.:
Unvarnished area
Exp. Date: 28 x 8mm

*THESE STATEMENTS HAVE NOT BEEN
EVALUATED BY THE FOOD AND DRUG
ADMINISTRATION. THIS PRODUCT IS
NOT INTENDED TO DIAGNOSE, TREAT,
CURE, OR PREVENT ANY DISEASE.

The ancient texts of Ayurveda
spoke of this tree as one
that could promote flexibility,
support muscle relaxation and
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The active ingredient, a crystalized
resin, is produced from the expressed
bark of the Indian Frankincense tree.
It is sustainably harvested only once a
year to keep from harming the tree
which can otherwise live for many
years, surviving drought and
inclement weather.*

Featured herb on front: Boswellia (crystallized resin)

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HAPPINESS THROUGH WELLNESS

Crafting traditional medicines based on
Ayurveda, a 5,000 year old science that
believes the journey back to wholeness
begins with nurturing the capacity for joy.

Trusting the gifts of nature and the
irreplaceable relationship between the
plant and its native soil for consistent
healing properties.

Contributing to the wellness of the earth
by teaching our family of farmers to grow
native plants sustainably on their land
and reduce the demand on the local
environment.

Building communities by advocating
women in farming, protecting fair prices,
providing maternal health, sponsoring
clinical services and offering school
wellness programs.

Believing that if wellness is the path to
happiness, we must contribute to the
wellness of all things. Wellness of people,
wellness of the environment, wellness of
our communities.

FAMILY OWNED FOR OVER 90 YEARS

Lot No.:
Exp. Date: Unvarnished area
28 x 8mm

Himalaya
SINCE 1930



BOSWELLIA

Joint flexibility & range of motion*
Supports normal joint fluid function*

120 VEGETARIAN
CAPSULES

Herbal Supplement

Himalaya
SINCE 1930



BOSWELLIA

Joint flexibility & range of motion*
Supports normal joint fluid function*

1 Month Supply

Herbal Supplement
120 VEGETARIAN
CAPSULES

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 60

Amount Per Serving

Indian frankincense extract 250 mg*
(oleo-gum-resin) (*Boswellia serrata*)
(60% Boswellic acids, 150 mg)

*Daily Value not established

Other ingredients: Plant based Cellulose (Capsule),
Microcrystalline Cellulose, Pregelatinised Starch.



Our cartons are
made from 100%
recycled fibers,
including 40%
post-consumer
material. Our
glass bottles
contain at least
48% recycled
content.



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