

NO wheat, corn, soy, or dairy.
NO ingredients of animal origin.
• Gluten Free • Vegan Friendly
• cGMP

Distributed by:
Himalaya Wellness USA Ltd.
1101 Gillingham Lane
Sugar Land, Texas 77478

Certified Organic by Control
Union Certifications, CU 867461

Product of India

Neutral Code No.:
KR/Drugs/DLA AUS-83
Mfg. Lic. No. AUS-83

Questions? Please call
1-800-869-4640
or visit www.himalayausa.com

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

**Bitter Melon is revered in
Ayurvedic Medicine.
Ancient physicians used it to
strengthen the digestive
potential for sweet foods and
to support balance.***

Recommended Use:
Adults take 1 caplet twice daily after meals.

1 MONTH SUPPLY

Caution: As with any supplement, consult a healthcare practitioner before use if you are pregnant, nursing, taking medication, have a medical condition or are planning any medical procedure. Discontinue use and consult a healthcare practitioner if any adverse reactions occur. Keep out of reach of children.

Lot No.:
Exp. Date:

Unvarnished area
24x7mm



Himalaya
SINCE 1930

Organic BITTER MELON

For balanced blood sugar levels*
Already within the normal range*

Herbal Supplement

60 CAPLETS

Supplement Facts

Serving Size: 1 Caplet
Servings Per Container: 60

Amount Per Serving

Organic bitter melon powder (stem) (3% Bitters, 12.3 mg)	410 mg*
Organic bitter melon extract (fruit) (<i>Momordica charantia</i>) (2.5% Bitters, 6.25 mg)	250 mg*

*Daily Value not established



HUS-5050062

**This popular vegetable is revered
both in Ayurvedic Medicine and curry
dishes alike. Its bitterness was key to
its early discovery by ancient
physicians who used it to strengthen
the digestive potential for sweet
foods and to support balance.***

Modern research has revealed an
array of unique plant compounds
in Bitter Melon that mirror and
support pancreatic function
and insulin production.*

Featured herb on front: Bitter melon (fruit)

GLUTEN FREE • VEGAN FRIENDLY • cGMP



WHEAT CORN SOY DAIRY

No ingredients of animal origin

HAPPINESS THROUGH WELLNESS

Crafting traditional medicines based on Ayurveda, a 5,000 year old science that believes the journey back to wholeness begins with nurturing the capacity for joy.

Trusting the gifts of nature and the irreplaceable relationship between the plant and its native soil for consistent healing properties.

Contributing to the wellness of the earth by teaching our family of farmers to grow native plants sustainably on their land and reduce the demand on the local environment.

Building communities by advocating women in farming, protecting fair prices, providing maternal health, sponsoring clinical services and offering school wellness programs.

Believing that if wellness is the path to happiness, we must contribute to the wellness of all things. Wellness of people, wellness of the environment, wellness of our communities.

FAMILY OWNED FOR OVER 90 YEARS

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