NO wheat, corn, soy, or dairy.
NO ingredients of animal origin.
Gluten Free • Vegan Friendly
cGMP

Distributed by: Himalaya Wellness USA Ltd. 1101 Gillingham Lane Sugar Land, Texas 77478

Certified Organic by Control Union Certifications, CU 867461

Product of India

Neutral Code No.: KR/Drugs/DLA AUS-83

Mfg. Lic. No. AUS-83

Questions? Please call 1-800-869-4640 or visit www.himalayausa.com Bitter Melon is revered in Ayurvedic Medicine. Ancient physicians used it to strengthen the digestive potential for sweet foods and to support balance.\*

Recommended Use:

Adults take 1 caplet twice daily after meals.

### 1 MONTH SUPPLY

Caution: As with any supplement, consult a healthcare practitioner before use if you are pregnant, nursing, taking medication, have a medical condition or are planning any medical procedure. Discontinue use and consult a healthcare practitioner if any adverse reactions occur. Keep out of reach of children.

Lot No.:

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION

THIS PRODUCT IS NOT INTENDED TO DIAGNOSE. TREAT, CURE, OR PREVENT ANY DISEASE.

Exp. Date:

Unvarnished area 24x7mm



# Organic BITTER MELON

For balanced blood sugar levels\*
Already within the normal range\*





Herbal Supplement

60 CAPLETS



Serving Size: 1 Caplet Servings Per Container: 60

**Amount Per Serving** 

Organic bitter melon powder (stem) 410 mg\* (3% Bitters, 12.3 mg)

Organic bitter melon extract (fruit) 250 mg\*
(Momordica charantia)
(2.5% Bitters, 6.25 mg)

\*Daily Value not established



410 mg<sup>4</sup>

250 mg\*

This popular vegetable is revered both in Ayurvedic Medicine and curry dishes alike. Its bitterness was key to its early discovery by ancient physicians who used it to strengthen

the digestive potential for sweet

foods and to support balance.\*

Modern research has revealed an array of unique plant compounds in Bitter Melon that mirror and support pancreatic function and insulin production.\*

Featured herb on front: Bitter melon (fruit)

GLUTEN FREE • VEGAN FRIENDLY • cGMP







No ingredients of animal origin

#### HAPPINESS THROUGH WELLNESS

Crafting traditional medicines based on Ayurveda, a 5,000 year old science that believes the journey back to wholeness begins with nurturing the capacity for joy.

Trusting the gifts of nature and the irreplaceable relationship between the plant and its native soil for consistent healing properties.

Contributing to the wellness of the earth by teaching our family of farmers to grow native plants sustainably on their land and reduce the demand on the local environment.

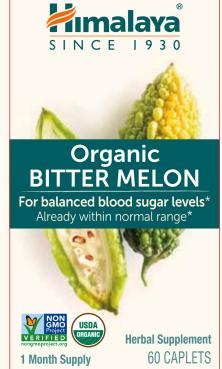
**Building** communities by advocating women in farming, protecting fair prices, providing maternal health, sponsoring clinical services and offering school wellness programs.

Believing that if wellness is the path to happiness, we must contribute to the wellness of all things. Wellness of people, wellness of the environment, wellness of our communities.

**FAMILY OWNED FOR OVER 90 YEARS** 

Lot No.: Exp. Date:

Unvarnished area 28 x 8mm



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