NO wheat, corn, soy, or dairy. Bitter Melon is revered in NO ingredients of animal origin. Ayurvedic Medicine. Ancient • Gluten Free • Vegan Friendly physicians used it to strengthen cGMP the digestive potential for sweet foods and to support balance.* Distributed by:

> Recommended Use: Adults take 1 caplet twice daily after meals.

15 DAY SUPPLY

Caution: As with any supplement, consult a healthcare practitioner before use if you are pregnant, nursing, taking medication, have a medical condition or are planning any medical procedure. Discontinue use and consult a healthcare practitioner if any adverse reactions occur. Keep out of reach of children.

Lot No.: Exp.

Unvarnished area 24x7mm

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE. TREAT, CURE, OR PREVENT ANY DISEASE.

Date:



Supplement Facts Serving Size: 1 Caplet

Servings Per Container: 30

Amount Per Serving

Organic bitter melon powder (stem)

Organic bitter melon extract (fruit) 250 mg* (Momordica charantia) (2.5% Bitters, 6.25 mg)

*Daily Value not established

(3% Bitters, 12.3 ma)



This popular vegetable is revered both in Avurvedic Medicine and curry dishes alike. Its bitterness was key to its early discovery by ancient physicians who used it to strengthen the digestive potential for sweet foods and to support balance.*

Himalaya Wellness USA Ltd.

Certified Organic by Control

Union Cerifications CU 867461

1101 Gillingham Lane,

Product of India

Neutral Code No.:

KR/Drugs/DLA AUS-83

Please call 1-800-869-4640

or visit www.himalayausa.com

Mfg. Lic. No. AUS-83

Questions?

Sugar Land, Texas 77478

Modern research has revealed an array of unique plant compounds in Bitter Melon that mirror and support pancreatic function and insulin production.*

GLUTEN FREE • VEGAN FRIENDLY • cGMP







No ingredients of animal origin

HAPPINESS THROUGH WELLNESS

Crafting traditional medicines based on Avurveda, a 5.000 year old science that believes the journey back to wholeness begins with nurturing the capacity for joy.

Trusting the gifts of nature and the irreplaceable relationship between the plant and its native soil for consistent healing properties.

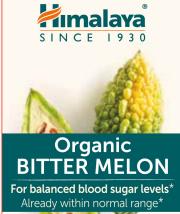
Contributing to the wellness of the earth by teaching our family of farmers to grow native plants sustainably on their land and reduce the demand on the local

Building communities by advocating women in farming, protecting fair prices. providing maternal health, sponsoring clinical services and offering school wellness programs.

Believing that if wellness is the path to happiness, we must contribute to the wellness of all things. Wellness of people. wellness of the environment, wellness of our communities.

FAMILY OWNED FOR OVER 90 YEARS









Herbal Supplement 30 CAPLETS

30 CAPLETS

15 DAY SUPPLY Supplement Facts Serving Size: 1 Caplet Servings Per Container: 30 Amount Per Serving Organic bitter melon powder (stem) 410 mg⁴ (3% Bitters, 12.3 mg) Organic bitter melon extract (fruit) 250 mg⁴ (Momordica charantia) (2.5% Bitters, 6.25 mg)

Recommended Use: Adults take 1 caplet twice daily after meals

*Daily Value not established Distributed by: Himalaya Wellness USA Ltd. 1101 Gillingham Lane, Sugar Land, Texas 77478

Neutral Code No.: KR/Drugs/DLA AUS-83

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or visit www.himalayausa.com Caution: As with any supplement, consult a healthcare

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