

NO wheat, corn, soy, or dairy.
NO ingredients of animal origin.
• Gluten Free • Vegan Friendly
• cGMP

Distributed by:
Himalaya Wellness USA Ltd.
1101 Gillingham Lane,
Sugar Land, Texas 77478

Certified Organic by Control
Union Cerifications CU 867461

Product of India

Neutral Code No.:
KR/Drugs/DLA AUS-83
Mfg. Lic. No. AUS-83

Questions?
Please call 1-800-869-4640
or visit www.himalayausa.com

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

**Bitter Melon is revered in
Ayurvedic Medicine. Ancient
physicians used it to strengthen
the digestive potential for sweet
foods and to support balance.***

Recommended Use: Adults take 1
caplet twice daily after meals.

15 DAY SUPPLY

Caution: As with any supplement, consult a healthcare
practitioner before use if you are pregnant, nursing,
taking medication, have a medical condition or are
planning any medical procedure. Discontinue use and
consult a healthcare practitioner if any adverse
reactions occur. Keep out of reach of children.

Lot
No.:
Exp.
Date:

Unvarnished area
24x7mm



SINCE 1930



**Organic
BITTER MELON**

For balanced blood sugar levels*
Already within the normal range*

Herbal Supplement
30 CAPLETS



**This popular vegetable is revered both
in Ayurvedic Medicine and curry dishes
alike. Its bitterness was key to its early
discovery by ancient physicians who
used it to strengthen the digestive
potential for sweet foods and
to support balance.***

Modern research has revealed an
array of unique plant compounds
in Bitter Melon that mirror and
support pancreatic function
and insulin production.*

Featured herb on front: Bitter melon (fruit)

GLUTEN FREE • VEGAN FRIENDLY • cGMP



WHEAT CORN SOY DAIRY

No ingredients of animal origin

HAPPINESS THROUGH WELLNESS

Crafting traditional medicines based on
Ayurveda, a 5,000 year old science that
believes the journey back to wholeness
begins with nurturing the capacity for joy.

Trusting the gifts of nature and the
irreplaceable relationship between the
plant and its native soil for consistent
healing properties.

Contributing to the wellness of the earth
by teaching our family of farmers to grow
native plants sustainably on their land
and reduce the demand on the local
environment.

Building communities by advocating
women in farming, protecting fair prices,
providing maternal health, sponsoring
clinical services and offering school
wellness programs.

Believing that if wellness is the path to
happiness, we must contribute to the
wellness of all things. Wellness of people,
wellness of the environment, wellness of
our communities.

FAMILY OWNED FOR OVER 90 YEARS

Lot No.:
Exp. Date:

Unvarnished area
28 x 8mm



SINCE 1930



**Organic
BITTER MELON**

For balanced blood sugar levels*
Already within normal range*

Herbal Supplement
30 CAPLETS



Supplement Facts

Serving Size: 1 Caplet
Servings Per Container: 30

Amount Per Serving	
Organic bitter melon powder (stem) (3% Bitters, 12.3 mg)	410 mg*
Organic bitter melon extract (fruit) (<i>Momordica charantia</i>) (2.5% Bitters, 6.25 mg)	250 mg*

*Daily Value not established



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