

NO wheat, corn, soy, or dairy.
NO ingredients of animal origin.
• Gluten Free • Vegan Friendly
• cGMP

Distributed by:
Himalaya Wellness USA Ltd.
1101 Gillingham Lane
Sugar Land, Texas 77478

Certified Organic by Control
Union Certifications, CU 867461

Product of India

Neutral Code No.:
KR/Drugs/DLA AUS-83
Mfg. Lic. No. AUS-83

Questions? Please call
1-800-869-4640
or visit www.himalayausa.com

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Often referred to as Indian ginseng,
Ashwagandha is noted for its ability
to fortify adrenal function, energy
and stress levels and is not a
cardiac stimulant.*

Recommended Use:
Adults take 1 caplet per day before food.

3 MONTH SUPPLY

Caution: As with any supplement, consult a
healthcare practitioner before use if you are
pregnant, nursing, taking medication, have a
medical condition or are planning any medical
procedure. Discontinue use and consult a
healthcare practitioner if any adverse reactions
occur. Keep out of reach of children.

Lot No.: Unvarnished area
Exp. Date: 24x7mm



SINCE 1930



**Organic
ASHWAGANDHA**

Releases stress & boosts energy*
Rejuvenates adrenal function*

Herbal Supplement

90 CAPLETS



Ashwagandha translates to scent
of a horse, alluding to the power
and strength it bestows. It was
considered chief among the
rasayana or rejuvenative herbs
now called adaptogens.*

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Featured herb on front: Ashwagandha (aerial parts)

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HAPPINESS THROUGH WELLNESS

Crafting traditional medicines based on
Ayurveda, a 5,000 year old science that
believes the journey back to wholeness
begins with nurturing the capacity for joy.

Trusting the gifts of nature and the
irreplaceable relationship between the
plant and its native soil for consistent
healing properties.

Contributing to the wellness of the earth
by teaching our family of farmers to grow
native plants sustainably on their land
and reduce the demand on the local
environment.

Building communities by advocating
women in farming, protecting fair prices,
providing maternal health, sponsoring
clinical services and offering school
wellness programs.

Believing that if wellness is the path to
happiness, we must contribute to the
wellness of all things. Wellness of people,
wellness of the environment, wellness of
our communities.

FAMILY OWNED FOR OVER 90 YEARS

Lot No.: Unvarnished area
Exp. Date: 28 x 8mm



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ASHWAGANDHA**

Releases stress & boosts energy*
Rejuvenates adrenal function*

Herbal Supplement

90 CAPLETS



3 Month Supply

Supplement Facts

Serving Size: 1 Caplet
Servings Per Container: 90

Amount Per Serving

Organic ashwagandha powder (root)	380 mg*
(0.2% Withanolides, 0.76 mg)	
Organic ashwagandha extract (root)	280 mg*
(0.5% Withanolides, 1.4 mg)	
Organic ashwagandha supercritical CO ₂ extract (root) (<i>Withania somnifera</i>) (8% Withanolides, 0.8 mg)	10 mg*

*Daily Value not established



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