Often referred to as Indian ginseng, Ashwagandha is noted for its ability to fortify adrenal function, energy and stress levels and is not a

cardiac stimulant.* Recommended Use:

Adults take 1 caplet per day before food.

3 MONTH SUPPLY

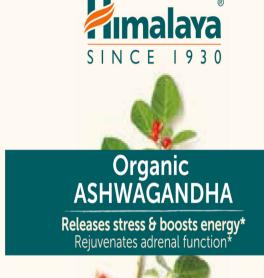
Caution: As with any supplement, consult a healthcare practitioner before use if you are pregnant, nursing, taking medication, have a medical condition or are planning any medical procedure. Discontinue use and consult a healthcare practitioner if any adverse reactions occur. Keep out of reach of children.

Lot No.:

24x7mm Exp. Date:

Unvarnished area

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE. TREAT, CURE, OR PREVENT ANY DISEASE.



Herbal Supplement USDA 90 CAPLETS

Supplement Facts Serving Size: 1 Caplet

380 mg*

280 mg*

Servings Per Container: 90

Amount Per Serving

Organic ashwagandha powder (root) (0.2% Withanolides, 0.76 mg) Organic ashwagandha extract (root) (0.5% Withanolides, 1.4 mg)

Organic ashwagandha supercritical CO, extract 10 mg* (root) (Withania somnifera) (8% Withanolides, 0.8 mg)

*Daily Value not established

Recommended Use: Adults take 1 caplet per day before food.

3 MONTH SUPPLY

Ashwagandha translates to scent of a horse, alluding to the power and strength it bestows. It was considered chief among the rasavana or reiuvenative herbs

NO wheat, corn, soy, or dairy.

• Gluten Free • Vegan Friendly

Himalava Wellness USA Ltd.

Certified Organic by Control

Union Certifications, CU 867461

or visit www.himalavausa.com

1101 Gillingham Lane Sugar Land, Texas 77478

• cGMP

Distributed by:

Product of India

Neutral Code No.:

KR/Drugs/DLA AUS-83

Mfg. Lic. No. AUS-83 Questions? Please call

1-800-869-4640

NO ingredients of animal origin.

Often referred to as Indian ginseng, Ashwagandha is noted for its ability to fortify adrenal function, energy and stress levels and is not a cardiac stimulant.*

now called adaptogens.*

Featured herb on front: Ashwagandha (aerial parts)

GLUTEN FREE • VEGAN FRIENDLY • cGMP









CORN No ingredients of animal origin

HAPPINESS THROUGH WELLNESS

Crafting traditional medicines based on Ayurveda, a 5,000 year old science that believes the journey back to wholeness begins with nurturing the capacity for joy.

Trusting the gifts of nature and the irreplaceable relationship between the plant and its native soil for consistent healing properties.

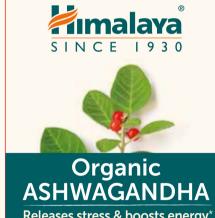
Contributing to the wellness of the earth by teaching our family of farmers to grow native plants sustainably on their land and reduce the demand on the local environment.

Building communities by advocating women in farming, protecting fair prices, providing maternal health, sponsoring clinical services and offering school wellness programs.

Believing that if wellness is the path to happiness, we must contribute to the wellness of all things. Wellness of people, wellness of the environment, wellness of our communities.

FAMILY OWNED FOR OVER 90 YEARS

Lot No.: Exp. Date: Unvarnished area 28 x 8mm



Releases stress & boosts energy*

Rejuvenates adrenal function*





Distributed by: Himalaya Wellness USA Ltd. 1101 Gillingham Lane, Sugar Land, Texas 77478 Certified Organic by Control Union Certifications CU 867461

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