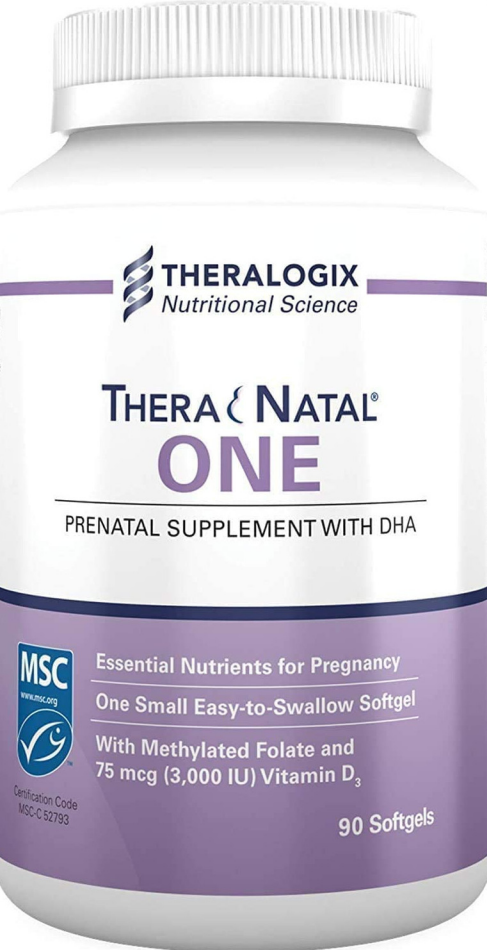




Supplement Facts

Serving Size: 1 Softgel
Servings Per Container: 90

	Amount Per Softgel	% Daily Value for Pregnant Women
Calories	5	
Total Fat	0.5 g	<1%†
Vitamin C (as ascorbic acid)	15 mg	13%
Vitamin D (as cholecalciferol)	75 mcg (3000 IU)	500%
Vitamin E (as d-alpha tocopherol)	20 mg	106%
Thiamin (as thiamin mononitrate)	1.4 mg	100%
Riboflavin (vitamin B ₂)	1.4 mg	88%
Vitamin B ₆ (as pyridoxine hydrochloride)	1.9 mg	95%
Folate (as L-5-methyltetrahydrofolate, calcium)	1334 mcg DFE	222%
Vitamin B ₁₂ (as cyanocobalamin)	2.6 mcg	93%
Iron (as ferrous fumarate)	27 mg	100%
Iodine (as potassium iodide)	220 mcg	76%
DHA (Docosahexaenoic Acid)	300 mg	†
EPA (Eicosapentaenoic Acid)	150 mg	†

‡ Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established

Other ingredients: Fish oil concentrate (from Alaska pollock), gelatin (bovine), glycerin, purified water, yellow beeswax, sunflower lecithin, sodium copper chlorophyllin