## Experience the difference 1 tablet per day makes:

- ‡ Clinically Proven Absorption: Vitamins D, B2, B5, folate, calcium, iron & zinc
- Nourishes Mom's health and Baby's development with folate,
   calcium and iron
- Folic acid supports brain and spinal development <sup>6</sup>
- Contains iron for healthy red blood cells
- Provides nutritional support for bone health
- Formulated with an Enzyme & Probiotic Blend
- § In early stages of pregnancy

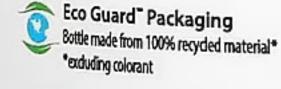
SUGGESTED USAGE: Take one tablet per day, with or between meals, while trying to conceive, pregnant or nursing.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

to using this product if you are pregnant, nursing, taking medication or have a medical condition.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contains NO: Tree nuts, peanuts, eggs, fish, or shellfish.



ACTUAL SIZE TABLET









## Prenatal One

Multivitamin

Rainbow Superfoods Blend & Probiotics



Nourishes Mom's Health & Baby's

Development with folate, calcium and iron\*







Vegetarian

150 Tablets | Multivitamin Supplement

## Supplement Facts

Serving Size 1 Tablet Servings Per Container 150

% DV for				
	egnant &			
	Lactating			
Amount Per Serving	Women			
Vitamin A (as 2600 mcg beta-carotene)	200%			
Vitamin C 65 mg (ascorbic acid)	54%			
Vitamin D (as ergocalciferol) 15 mcg	100%			
Vitamin E (as d-alpha 9.5 mg tocopheryl succinate)	50%			
Vitamin K (as 90 mcg phytonadione)	100%			
Thiamin (as thiamin 8 mg mononitrate)	571%			
Riboflavin (vitamin B2) 8 mg	500%			
Niacin (as niacinamide) 18 mg	100%			
Vitamin B6 (as 10 mg pyridoxine hydrochloride)	500%			
folic acid) 600 mcg DFE (360 mcg folic acid)	100% cid)			
Vitamin B12 (as 9 mcg methylcobalamin)	321%			
Biotin 35 mcg	100%			
Pantothenic Acid (as 10 mg calcium pantothenate)	143%			
Choline (as choline 55 mg bitartrate)	10%			
Calcium (as 50 mg calcium citrate)	4%			
Iron (as iron chelate) 27 mg	100%			
lodine (from kelp) 290 mca	100%			
Magnesium (as 50 mg	13%			
extract from sea water)				
Zinc (as zinc citrate) 13 mg	100%			

2	Amount Per	% DV for egnant & .actating Women	
	Selenium (as	70 mcg	100%
0	selenium L-methion		97000000
0	Copper (as copper chelate)	1.3 mg	100%
0	Manganese (as manganese citrate)	2 mg	77%
5	Molybdenum (as molybdenum chelat	50 mcg e)	100%
5	Organic Rainbow	125 mg	t

Superioous	Dienu
Organic sp	pirulina, organic beet (root),
organic br	occoli (plant), organic kale
(leaf), orga	inic spinach (leaf), organic
blackberry	(fruit), organic blueberry
(fruit), orga	anic carrot (root), organic
cranberry	

Enzyme and	32 mg	
Probiotic Blend		
Cinana (manth inion o	admost amulace	

Ginger (root) juice extract, amylase (150 DU†), protease (600 HUT†), xylanase (80 XU†), maltase (4 DP†), glucoamylase (0.4 AGU†), hemicellulase (61 HCU†), beta-glucanase (0.2 BGU†), phytase (0.04 FTU†), cellulase (24 CU†), alpha-galactosidase (4 GalU†), lipase (22 FIP†), lactase (7 ALU†), invertase (3 SU†), Bacillus coagulans MTCC 5856 (25 million CFU†)

CFUT)		
Organic chlorella	25 mg	
Inositol	10 mg	
Boron (as boron glycinate)	1 mg	

†Daily Value (DV) not established.