



Rugby Classic Prenatal Vitamin And Mineral 100 Tablets, 1 Bottle Each, By Rugby

Rugby Classic Prenatal Vitamin And Mineral 100 Tablets, 1 Bottle Each:

- To supply important nutrients to meet the needs of a woman's body before, during, and after pregnancy
- Contains 800 mcg of folic acid (100% daily value) to support the development of the fetal nervous system

SUPPLEMENT FACTS

Serving Size 1 Tablet

Amount per tablet		% Daily Value
Vitamin A (as beta carotene)	4,000 IU	50%
Vitamin C (as ascorbic acid)	120 mg	200%
Vitamin D3 (as cholecalciferol)	400 IU	100%
Vitamin E (as dl-alpha tocopheryl acetate)	30 IU	100%
Thiamine (as thiamine mononitrate)	1.8 mg	106%
Riboflavin	1.7 mg	85%
Niacin (as niacinamide)	20 mg	100%
Vitamin B-6 (as pyridoxine hydrochloride)	2.6 mg	104%
Folic Acid	800 mcg	100%
Vitamin B-12 (as cyanocobalamin)	8 mcg	100%
Calcium (as calcium carbonate)	200 mg	15%
Iron (as ferrous fumarate)	28 mg	156%
Zinc (as zinc oxide)	25 mg	167%

Other Ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid, Gelatin, Maltodextrin, Corn Starch, Hypromellose, Magnesium Stearate, Silica, Titanium Dioxide, Propylene Glycol, Triacetin, FD&C Red #40, Red Oxide, FD&C Yellow #6

Directions: Adults: One tablet daily, preferably with a meal.

Made in: United States

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