

Herbal Secrets™ Holy Basil is made from the leaves of the *Ocimum sanctum* plant. Holy Basil has been revered for its medicinal value throughout India for thousands of years.* As an Ayurvedic herb, it is used as an "adaptogen" to counter life's stresses.* Holy Basil supports healthy mood and promotes calm and wellness.*

SUGGESTED USE: As a dietary supplement, adults take two (2) quick release capsules daily, preferably with a meal or as directed by a health care professional.

CAUTION: Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this product or any dietary supplement. Discontinue use and consult your doctor if any adverse reactions occur.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**HERBAL
SECRETS™**

NATURAL DIETARY SUPPLEMENT

Holy Basil

Premium Ayurvedic Herb

- Promotes Calm & Wellness*
- Helps Provide Healthy Mood Support*
- Supports Healthy Adrenals*



1000 MG
PER SERVING

120 QUICK RELEASE CAPSULES

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 60

	Amount Per Serving	% Daily Value
Holy Basil Extract (Tulsi Extract) (herb) (<i>Ocimum sanctum</i>) (Standardized to 2% Ursolic Acid)	1,000 mg	**

** % Daily Value not established

OTHER INGREDIENTS: Gelatin (Capsule), Rice Powder, Vegetable Magnesium Stearate, Silica.

CONTAINS NO: Artificial Preservatives, Artificial Color, Flavor, Sweetener, Shellfish, Egg, Fish, Milk, Soy, Wheat, or Tree Nuts.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.



**HERBAL
SECRETS™**

Manufactured for & Distributed by:

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www.herbalsecrets.com