

Rugby

VITAMIN

B-12

SUPPLEMENT

1000 mcg

**100
TABLETS**



TAMPER RESISTANT – DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING

DIRECTIONS: One tablet daily.

Supplement Facts

Serving Size 1 Tablet

Amount per tablet		% Daily Value
Vitamin B-12 (as cyanocobalamin)	1000 mcg	16667%
Calcium	23 mg	2%

Other ingredients: Microcrystalline cellulose, dicalcium phosphate dihydrate, stearic acid, silicon dioxide, magnesium stearate.



Free of sugar, starch, sodium, gluten, preservatives, yeast, animal by-products, corn, soy, artificial colors-flavors.

To preserve quality and freshness,
keep bottle tightly closed.

Store between 15°-30°C (59°-86°F).

KEEP OUT OF REACH OF CHILDREN



Control No.:

Exp. Date:

Questions or comments?
Call 1-800-645-2158, weekdays 9 am-5 pm ET
www.rugbylaboratories.com

Mfd for: **RUGBY LABORATORIES, INC.**

DULUTH, GEORGIA 30097