

Shatavari, or *Asparagus racemosus*, is a traditional ayurvedic herb that has been used for centuries to support the female reproductive system.* It helps to balance hormones and alleviate the symptoms of PMS or menopause.* Shatavari helps women maintain a healthy reproductive system and promotes optimum energy.*

SUGGESTED USE: As a dietary supplement, adults take one (1) veggie capsule daily, preferably with a meal or as directed by a health care professional.

CAUTION: Not recommended for use by pregnant or nursing women. If you are taking sedatives or any medication(s), or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



NATURAL DIETARY SUPPLEMENT

Shatavari

Made With Organic Shatavari

- Supports Women's Health*
- Supports Hormonal Balance*
- Promotes Reproductive Functions*



120 VEGGIE CAPSULES

500MG

Supplement Facts

Serving Size 1 Veggie Capsule
Serving Per Container 120

	Amount Per Serving	% DV
Organic Shatavari Powder (<i>Asparagus racemosus</i>) (root)	500 mg	**

** Daily Value (DV) not established

OTHER INGREDIENTS: Vegetable Cellulose (Capsule).

CONTAINS NO: Preservatives, Artificial Colors, Flavors or Sweeteners, Sugar, Starch, Milk, Lactose, Soy, Gluten, Wheat, Yeast, Fish or Sodium.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.



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