

Rugby®

VITAMIN

B-12

SUPPLEMENT

500 mcg

100

TABLETS



TAMPER RESISTANT • DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING

DIRECTIONS: One tablet daily.

Supplement Facts

Serving Size 1 Tablet

Amount per tablet	% Daily Value
Vitamin B-12 500 mcg (as cyanocobalamin)	8333%

Other Ingredients: Microcrystalline cellulose, dicalcium phosphate, vegetable stearic acid, vegetable magnesium stearate and silica.



Free of sugar, starch, sodium, gluten, preservatives, yeast, corn, animal by-products, soy, artificial colors-flavors.

To preserve quality and freshness,
keep bottle tightly closed.

Store between 15°-30°C (59°-86°F).

KEEP OUT OF REACH OF CHILDREN



75 R0611

Control No.:

Exp. Date:

Questions or comments?

Call 1-800-645-2158, weekdays 9 am–5 pm ET
www.rugbylaboratories.com

Mfd for: **RUGBY LABORATORIES, INC.**

DULUTH, GEORGIA 30097