

HERBAL SECRETS™ Psyllium Husk is made from the organic seed husk of the plant *Plantago ovata*. It is known to be one of the best herbs used in weight control and for general intestinal health* Psyllium Husk contains a spongy fiber that may help to reduce appetite, improve digestion and cleanse the system, making it an excellent choice for healthy dieting.* Psyllium Husk veggie capsules may provide the fiber that is missing on low carbohydrate diets.*

CAUTION: If you are pregnant, nursing, taking any medication(s), planning any medical or surgical procedure, or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



100%
NATURAL
MADE IN

THE USA



HERBAL SECRETS™

NATURAL DIETARY SUPPLEMENT

Psyllium Husk

Made with Organic Non-GMO Psyllium Husk



- Supports Intestinal & Digestive Health*
- Helps Maintain Regularity*
- Supports Healthy Weight Management*



500 VEGGIE CAPSULES

500MG

Supplement Facts

Serving Size 1 Veggie Capsule
Serving Per Container 500

	Amount Per Serving	% DV
Psyllium Husk (<i>Plantago ovata</i>)	500 mg	**

** % Daily Value (% DV) not established.

OTHER INGREDIENTS: Vegetable Cellulose (Capsule).

SUGGESTED USE: As a dietary supplement, adults take one (1) veggie capsule daily, preferably with a meal or as directed by a health care professional.

CONTAINS NO: Preservatives, Artificial Colors, Flavors or Sweeteners, Sugar, Milk, Lactose, Gluten, Wheat, Yeast, Fish or Sodium.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.



Manufactured for & Distributed by:
HERBAL SECRETS™
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