

HERBAL SECRETS™ Ashwagandha, also known as Indian Ginseng, is made from the roots and leaves of the *Withania somnifera* plant. Ashwagandha is a herb that increases vitality by promoting both physical and mental performance.* It may help rejuvenate the nervous system by reducing anxiety or stress levels, and control fatigue.* As an adaptogen, Ashwagandha may help in having a positive effect in supporting a healthy immune system.*

SUGGESTED USE: As a dietary supplement, adults take one (1) organic tablet daily, preferably with a meal or as directed by a health care professional.

CAUTION: For adults only. If you are pregnant, nursing, taking any medication(s) or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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PRODUCT CODE
20944

100%
NATURAL
MADE IN

THE USA



**HERBAL
SECRETS™**

NATURAL DIETARY SUPPLEMENT

Organic Ashwagandha

Certified Organic Ayurvedic Herb*



- Promotes Mental Clarity*
- Helps to Reduce Anxiety & Stress*
- Supports Musculoskeletal System*



120 ORGANIC TABLETS

500MG

Supplement Facts

Serving Size 1 Organic Tablet
Serving Per Container 120

	Amount Per Serving	% DV
Organic Ashwagandha Root Powder (<i>Withania somnifera</i>)	500 mg	**

** Daily Value (DV) not established

OTHER INGREDIENTS: Organic Rice Maltodextrin, Organic Gum Acacia, Organic Rice Concentrate.

CONTAINS NO: Preservatives, Artificial Colors, Flavors or Sweeteners, Milk, Lactose, Soy, Gluten, Wheat, Yeast, or Fish.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.



Manufactured for & Distributed by:
HERBAL SECRETS™

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Jersey City, NJ 07310

Certified Organic by: Baystate Organic Certifiers