

**HERBAL SECRETS® MCT (Medium Chain Triglycerides) Oil** is fractionated Coconut Oil. MCT Oil is virtually odorless and stable due to the high content of Medium Chain Triglycerides, Caprylic Acid (C8) and Capric Acid (C10). MCTs are rapidly absorbed by the body and are quickly metabolized into well sustained energy for immediate use by the organs and muscles.\* MCT Oil supports brain health as it may help enhance ketones, which are efficient fuel for your brain.\* In addition, MCTs aid in healthy weight management by helping to suppress appetite benefiting those attempting to lower their intake of total calories.\*

**CAUTION:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. **KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



100%  
NATURAL  
MADE IN  
  
THE USA

**HERBAL  
SECRETS**

NATURAL DIETARY SUPPLEMENT

# MCT Oil

## Medium-Chain Triglycerides

- Made with Non-GMO MCT Oil
- Supports Healthy Weight Management\*
- Promotes Energy Production & Healthy Metabolism\*
- Supports Brain & Immune Health\*



300 SOFTGELS

1,000MG

## Supplement Facts

Serving Size 3 Softgels  
Serving Per Container 100

Amount Per Serving	% Daily Value*	
Calories	25	
Calories from Fat	25	
Total Fat	3 g	5%
Saturated Fat	3 g	15%
MCT Oil (C8 65-70% C10 35-30%)	3,000 mg	**

\*Percent Daily Values are based on a 2,000 calorie diet  
\*\*Daily Value not established

**INGREDIENTS:** Non-GMO MCT Oil (derived from coconuts), Gelatin, Glycerin, Water.

**SUGGESTED USE:** As a dietary supplement, adults take three (3) softgels daily, preferably with a meal or as directed by a health care professional.

**ALLERGENS:** Tree Nuts (Coconut).

vitamin  
angels®  
PROUD SUPPORTER

HERBAL  
SECRETS

Manufactured for & Distributed by:  
**HERBAL SECRETS®**  
An FDA Regulated Facility  
629 Grove Street  
Jersey City, NJ 07310