

Holy Basil is made from the leaves of the *Ocimum tenuiflorum*. Holy Basil has been revered for its medicinal value throughout India for thousands of years.\* As an ayurvedic herb, it is used as an "adaptogen" to counter life's stresses.\* Holy Basil supports healthy mood and promotes calm and wellness.\*

**WARNING:** Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



  
**HERBAL  
SECRETS**

NATURAL DIETARY SUPPLEMENT

# Holy Basil

Premium Ayurvedic Herb

- Promotes Calm & Wellness\*
- Helps Provide Healthy Mood Support\*
- Supports Healthy Adrenals \*

## Supplement Facts

Serving Size: 1 VCAP	Serving Per Container: 120	
	Amount Per Serving	% Daily Value
Holy Basil Extract (Tulsi Extract) (Leaves) ( <i>Ocimum tenuiflorum</i> ) (Standardized to min. 2% Ursolic Acid)	500 mg	**
** Daily Value not established		

OTHER INGREDIENTS: Rice Flour, Microcrystalline Cellulose 102, Magnesium Stearate (Vegetarian), Cellulose

SUGGESTED USE: As a dietary supplement, adults take one (1) capsule 1 to 2 times daily, preferably with meals or as directed by a health care professional.

CONTAINS NO: Shellfish, Egg, Fish, Peanuts, Milk, Soy, Tree Nuts or Wheat

KEEP OUT OF REACH OF CHILDREN, DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING, STORE IN A COOL, DRY PLACE.



**HERBAL  
SECRETS**

Manufactured for & Distributed by:

Herbal Secrets

Jersey City, NJ 07310

1-800-213-9557

[www.herbalsecrets.com](http://www.herbalsecrets.com)

120 VCAPS

500MG