

HERBAL SECRETS® Cinnamon Complex is a special blend which contains Chromium and Biotin. Cinnamon is a common kitchen ingredient known to have antibacterial and antimicrobial properties.* It supports healthy blood glucose levels, supports blood circulation and helps to reduce inflammation by supporting digestive health.* Chromium and Biotin both support metabolic functions and energy production, which supports overall health and well-being.*

SUGGESTED USE: As a dietary supplement, adults take two (2) quick release capsules daily, preferably with a meal or as directed by a health care professional.

CAUTION: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. **KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.**

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



NATURAL DIETARY SUPPLEMENT

Cinnamon Complex

With Chromium & Biotin



- Antibacterial & Antimicrobial Properties*
- Supports Healthy Metabolic Functions*
- Supports Overall Health & Well-being*



Supplement Facts

Serving Size 2 Quick Release Capsules
Serving Per Container 60

Amount Per Serving		% DV†
Biotin (as d-Biotin)	1,000 mcg	3,333%
Chromium (as Chromium Picolinate)	400 mcg	1,143%
Cinnamon Proprietary Blend Cinnamon (<i>Cinnamomum cassia</i>) (bark), (from 4:1 extract)	1,500 mg	**

† Percent Daily Values are based on a 2,000 calorie diet
** Daily Value (DV) not established

OTHER INGREDIENTS: Rice Powder, Gelatin (Capsule), Vegetable Magnesium Stearate.
CONTAINS NO: Preservatives, Artificial Color, Flavor or Sweetener, Milk, Lactose, Soy, Gluten, Wheat or Yeast.



Manufactured for & Distributed by:
HERBAL SECRETS®
An FDA Regulated Facility
629 Grove Street
Jersey City, NJ 07310

120 QUICK RELEASE CAPSULES