



Actual Color and Size

Vegetarian
**Cal-Mag
Citrate**
With Vitamin D3

Helps Maintain Bone Density and Strength[†]
Dietary Supplement

Suggested Use: Take four tablets daily with food, or as directed by your health care practitioner.

Supplement Facts

Serving Size = four (4) tablets

Servings Per Container=Varied

Amount Per Serving	% Daily Value	
Calcium		
(from calcium citrate, ascorbate)	1,000 mg	100%
Vitamin D3 (as cholecalciferol)	400 IU	100%
Magnesium		
(from magnesium oxide, citrate)	500 mg	125%

Other Ingredients: Cellulose, silica, stearic acid (vegetable source), magnesium stearate (vegetable source), and glycerin.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

