



NON-GMO • MASS SPEC

Documentation ✓ Lab Tested ✓

Suggested usage (for adults only): Take on an empty stomach during the day: **For mood balance*** 1-4 tablets 2 times per day or as directed by a health professional. **For joint support*** 1-3 tablets 2 times per day or as directed by a health professional. Do not exceed a total of 8 tablets per day. For best results, take SAME for a minimum of 2 weeks, at which time effects should be observed.

Cautions: As with any supplement, consult your health professional before use if you are pregnant, breastfeeding, or trying to conceive, or if you are taking medication, have a medical condition, or anticipate a surgery. Individuals with bipolar disorder or depression, anxiety disorders, or taking antidepressant medication should consult with their health professional prior to use. Keep out of the reach of children.

SAME supports mood and has a positive effect on emotional well-being.* It also maintains joint health.* Natural Factors SAME is released slowly.

Manufactured to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, wheat, gluten, soy, egg, fish, shellfish, animal products, salt, tree nuts, or GMOs. Suitable for vegetarians/vegans. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place. For optimum freshness, refrigerate after opening.

* This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

PRODUCT OF U.S.A.
Manufactured for Natural Factors Canada
Distributed by NATURAL FACTORS
14224 167th Avenue SE
Monroe, WA 98272

Recyclable container and label.

DIETARY SUPPLEMENT

natural
Factors®

SAMe

200 mg

30 Slow Release Tablets

MOOD & JOINT SUPPORT*

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
SAMe (S-Adenosyl-L-Methionine)	200 mg	**
(from 400 mg of S-Adenosyl-L-Methionine Tosylate Disulfate)		

** Daily value not established.

Other ingredients: Microcrystalline cellulose, stearic acid, coating (glycerol, sodium alginate, colloidal silica anhydrous, arginine, magnesium stearate (vegetable grade)), magnesium stearate (vegetable grade), colloidal silica anhydrous.

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