



Liquid Melatonin

HELPS REGULATE SLEEP CYCLE

- 3 mg per full dropper
- Fast Absorption*
- Great Tasting

Net 2 fl. oz. (60 mL)

A Dietary Supplement
Vegetarian Formula



Supplement Facts

Serving Size 1 Full Dropper (approx. 0.9 mL)
Servings Per Container about 66

Amount Per Serving

Melatonin	3 mg*
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* Daily Value not established.

Other ingredients: Purified Water, Vegetable Glycerin, Fructose, Xylitol, Grain Alcohol (7%), Orange Extract (*Citrus sinensis*), Natural Vanilla Flavor, Potassium Sorbate (as preservative), Citric Acid, Malic Acid, Natural Lemon Oil (*Citrus limon*) and Natural Citrus Flavor.

Manufactured by NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108
Made in the U.S.A. www.nowfoods.com

Contains no salt, starch, yeast, wheat, gluten, soy, milk, egg, shellfish, artificial colors, artificial flavors, or artificial sweeteners. **Vegetarian/Vegan Product.**

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USAGE: Shake well. As a dietary supplement for adults, take 1 full dropper (approx. 0.9 mL) just prior to bedtime as needed. Take directly or add to your favorite beverage. Consider taking this product in combination with NOW® True Calm™ and 5-HTP.

Caution: For adult use only. Keep out of reach of children. If you are under medical supervision seek the advice of your physician or health care professional prior to use. Individuals with auto-immune conditions, depressive disorders, those taking sedatives or corticosteroid drugs, or pregnant or lactating women, should consult their physician prior to use. This product may cause drowsiness. Do not operate a vehicle or heavy machinery following consumption of melatonin.



CODE 3261

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