LivingFuel InSportRecovery®

LivingFuel InSportRecovery® is the most advanced, high performance super FUEL for sports performance and recovery on earth. From the creators of the revolutionary functional superfoods LivingFuel SuperBerry®, SuperGreens, LivingProtein® and SuperEssential® Aminos, comes LivingFuel InSportRecovery, designed to FUEL an athlete's every nutritional need for peak performance, endurance, hydration and optimal recovery before, during, and after workouts and competition.

LivingFuel InSportRecovery is one-of-a-kind highly digestible and ultra fast-acting sports, energy and recovery drink in one. It contains broad-spectrum ultra-pure, ultra fast-acting carbohydrates including non-corn tapioca maltodextrin, and ultra fast-acting, free-form essential acids with high-leucine Branched Chain Amino Acids, and a full spectrum mineral, electrolyte mineral and trace mineral complex from natural Krebs Cycle bionutrients. Also included is a broad spectrum vitamin and antioxidant complex of the highest bioavailability.

FUEL your best performance and your best recovery with LivingFuel InSportRecovery.

Contains NO soy, dairy, gluten, artificial colors, artificial sweeteners or artificial flavors

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Directions

InSport (Before and During Exercise): For higher intensity workouts, mix 4 scoops with your ideal amount of cool water for the session and begin sipping 15 minutes before the workout. For lower intensity workouts, use 2-3 scoops. For workouts or competition beyond one hour, repeat as needed. Begin drinking 15 minutes before the workout and every 15 minutes thereafter. May consume the entire serving before the workout if desired

Recovery (After Exercise): Within 15 minutes after a high intensity workout, use 4 scoops in 12+ ounces of cool water. After lower intensity workouts, use 2-3 scoops.

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Exclusively Manufactured
For and Distributed By:
Living Fuel, Inc.
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NEW Enhanced Vegetarian Drink Mix!

LIVINGFUEL INSPORT RECOVERY®

Professional Fuel For Sport

Certified For Sport
Ultimate Performance, Endurance, Hydration and Recovery FUEL
Optimized ATP and Nitric Oxide (NO)
Ideal Carb:Protein and Carb:Amino Acid Ratios
Broad Spectrum, Ultra Fast-Acting and Fast-Acting Carbs, Protein and Amino Acids
All 9 Essential Amino Acids with High Leucine BCAAs
Performance-Specific Amino Acids, Superfoods, Vitamins, Antioxidants, Minerals and Trace Minerals
Ultra-Pure Highest Bioavailability
Suitable for Vegetarians and Vegans

Certified
SCIFIT ANALYTICS
CERTIFIED
For Sport

Net Wt. 14.11 oz (400 g)

Nutrition Facts

Serving Size 4 scoops (40g)
Servings Per Container 10

Amount Per Serving	
Calories 100	Calories from Fat 0
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	9%
Potassium 430mg	9%
Total Carbohydrate 20g	7%
Dietary Fiber 0.5g	2%
Sugars 11.8g	
Protein 5g	
Vitamin C 132%	**Vitamin D3** 30%
Calcium 6%	**Iron** 9%
Magnesium 24%	**Manganese** 71%
Chromium 20%	**Chloride** 13%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Living Fuel SuperEssentials® Aminos Proprietary Complex (L-Leucine, L-Lysine HCl, Creatine, L-Phenylalanine, L-Valine, L-Isoleucine, L-Threonine, Glutamine, L-Arginine, L-Histidine, Glycine, Beta Alanine, L-Methionine, L-Tryptophan), Organic Pea Protein Isolate, Organic Tapioca, Maltodextrin, Organic Evaporated Cane Sugar, Organic Dextrose, Organic Cranberry Powder, Organic Fructose, Organic Beet Root Powder, Organic Orange Juice Powder, Potassium Citrate, D-Ribose, Organic Lemon Juice Powder, Calcium Lactate, Magnesium Citrate, Sunflower Lecithin, Organic Pomegranate Powder, Organic Blueberry Powder, Sea Salt, Organic Mixed Berry Flavor, Choline Bitartrate, L-Glutamine, Inulin (FOS), Stevia Leaf Extract, EleviA!®, Inositol, Vitamin C (Non-GMO Ascorbic Acid), NAC (N-Acetyl-L-Cysteine), Organic Marshmallow Root, MSM (Methylsulfonylmethane), Nova Scotia Dulse *(Palmaria palmata)*, Organic Icelandic Kelp Leaf *(Laminaria digitata)*, Korean Chlorella *(Chlorella vulgaris)*, Hawaiian Spirulina Blue-Green Algae *(Cyanobacteria)*, Futurecelticals S-7™ (Green Coffee Bean Extract, Green Tea Extract, Turmeric Extract, Tart Cherry, Blueberry, Broccoli, Kale), Organic Raspberry Flavor, Vitamin B-5 (D-Calcium Pantothenate), Trace Minerals, Vitamin E (D-Alpha Tocopheryl Succinate), Organic Green Tea (Caffeine-Free), Organic Milk Thistle Extract, Organic Astragalus Root, Organic Dandelion Root, Organic Ginger Root, Quercetin Dihydrate, Vitamin B-1 (Thiamine Diphosphate), Vitamin B-3 (Niacinamide), Organic Turmeric, Zinc, Vitamin A (Mixed-Carotenes), Lycopene, Organic Ginkgo Biloba Extract, L-Malic Acid, Fumaric Acid, Vitamin B-6 (Pyridoxal-5-phosphate), Manganese Gluconate, Whole Grape Extract, Probiotics *(Bifido longum, L. acidophilus, L. rhamnosus)*, Resveratrol Extract, Vitamin E (Mixed-Tocopherols/Tocotrienols), Vitamin B-2 (Riboflavin-5-phosphate), Boron (Borate Citrate), Glutathione (Reduced), Coenzyme Q10, R-Lipoic Acid, Curcumin (BDM30™), Lutein, Selenium (Selenomethionine), Fulvic/Humic Acids, Copper (Gluconate), Bamboo Extract *(Bambusa vulgaris)*, Vitamin D-3 (Vegan Cholecalciferol), Astaxanthin, Zeaxanthin, Chromium (Nicotinate Arginate), Molybdenum (Sodium Molybdate), Vitamin K-2 (MK-7 All-Trans Menaquinone-7, Vitamin B-12 (Methylcobalamin), Biotin, vitamin K-1 (Phytonadione), Folate-5MTHF (5-Methytetrahydrofolate)