

TERRAVITA®

PREMIUM COLLECTION / LA COLLECTION SPÉCIALE



Flaxseed

Powder



A Dietary Supplement

1 OZ

Supplément alimentaire

Directions / Mode d'emploi

Stir 1/4 of a teaspoon into a glass of water and consume 3 times daily, with meals. How to Use the Herb As cracked seeds or mush, taken internally. As flaxseed flour for a moist-heat compress applied externally. For internal use, take 1 tablespoon of whole or bruised seed with 150 milliliters of water 2 to 3 times per day, with meals. Or 2-3 tablespoonfuls of milled flaxseed for mush. For external use, 30-50 grams of flaxseed flour for a mo... [more info at ZooScape.com] s that Work>

Statements not evaluated by FDA. Product not intended to diagnose, treat, cure, or prevent any disease.



Supplement Facts

Serving Size 1/4 teaspoon
Servings Per Container 28

Amount Per Serving

Flaxseed 1000 mg*

* Daily Value not established.

ZooScape ZIN #: 511769



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Please recycle!
Recycler, si vous plaît!

TERRAVITA®
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