

Rugby**CHEWABLE
VITAMIN****C-500
mg****SUPPLEMENT
ORANGE FLAVORED****100
TABLETS****TAMPER RESISTANT - DO NOT USE IF IMPRINTED
SAFETY SEAL UNDER CAP IS BROKEN OR MISSING****DIRECTIONS:** One tablet daily.**Supplement Facts**

Serving Size 1 Tablet

Amount per tablet		% Daily Value
Calories	5	
Total Carbohydrates	1 g	<1%*
Sugars	1 g	†
Vitamin C (as ascorbic acid)	500 mg	833%
Sodium	55 mg	2%

* % Daily Values are based on a 2000 calorie diet.

† Daily Value not established.

Other Ingredients: Sucrose, vegetable stearic acid, maltodextrin, dextrose, vegetable magnesium stearate, SD orange flavor, citric acid, FD&C yellow #6 lake, hypromellose, silicon dioxide, malic acid, gum arabic and BHT.

NOTICE: If on a sodium-restricted diet, consult a physician before use.

Free of soy, gluten, yeast,
starch, preservatives,
animal by-products.To preserve quality and freshness,
keep bottle tightly closed.

Store between 15°-30°C (59°-86°F).

KEEP OUT OF REACH OF CHILDREN

225 R0812

Control No.:

Exp. Date:

Questions or comments?
Call 1-800-645-2158, weekdays 9 am-5 pm ET
www.rugbylaboratories.com

Mfd for: RUGBY LABORATORIES, INC.**DULUTH, GEORGIA 30097**