

Naturally earthy tasting • Alkaline pH of 9.0 to 9.5

**Only nature can provide
this vital substance**

Daily supplementation of natural ionic plant derived minerals assist with every biological bodily process, from support for normal healthy heart and cognitive function, to normal bone building and balanced hormone activity. Humic feeds and strengthens good flora to maintain proper balance in the gut, providing an essential connection to a powerful digestive microbiome. The polysaccharide content of Humic helps your good gut flora thrive. And pre-biotics have maximum benefit when coming from a fresh-water plant source, like Humic Minerals.

Humic's unsurpassed absorption and vital interaction with molecules in the body, such as proteins, enzymes, and lipids, can prevent binding of biofilm to cells. Humic goes to work in the gut, extracting nutrients from food and assisting already normal detoxification, reducing oxidative stress, and helping proper elimination and regularity.

- ▶ Promotes digestive well-being to help seal gaps between intestinal cells*
- ▶ Supports the normal healing of bones, muscles, and nerves*
- ▶ Helps inhibit biofilm from attaching to intestinal walls*
- ▶ Augments balanced hormone function, and metabolic reactions*
- ▶ Assists with normal blood oxygenation*
- ▶ Provides support for cell protection against free radicals*
- ▶ Assists the body's conversion of sugar into energy*

Humic is also known as lignite, and has characteristics similar to shilajit. Our natural processing using nothing but purified water is also key. Chemically processed humic and colloids offer minimal benefit.

California Residents Only
 **WARNING:** Reproductive Harm-
www.P65Warnings.ca.gov

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. If you have health problems, consult a health care professional before use.



Vital Earth
MINERALS™

Humic Minerals

Whole Food Based Mineral Dietary Supplement

**Humic assists with every biological function
in the body; normal healing, cellular energy,
digestive balance, and bowel regularity**

- Superior polysaccharide pre-biotic*
- Effective for normal daily regularity*
- Support for normal healthy gut flora*
- Supports normal strong immune function*
- Key to normal healing responses of cells*
- Stimulates the body's ability to detoxify tissues*
- Whole food plant based ionic source*

**Gently processed without heat, pressure
extrusion, or chemicals of any kind.
NO artificial coloring or flavoring**

**Naturally mild tasting when diluted in water
Rich dark color - No flavoring necessary**

NON
GMO

NON
BPA

GLUTEN
FREE

Pesticide
FREE

SUGAR
FREE

SOY
FREE

DAIRY
FREE

YEAST
FREE

VEGAN

KETO
FRIENDLY

PALEO
FRIENDLY

Supplement Facts

Serving Size: 1 fl.oz. (30 ml)

Servings Per Container 32

	Amount Per Serving	% Daily Value*
Humic Bio-Mass Vegetal Minerals	262.9 mg.	+

+ Daily Value not established

* Percent Daily Values are based on a 2,000 calorie diet

Other Ingredients: Purified Reverse Osmosis De-ionized Carbon Filtered Water

Contains over 70 naturally occurring humic bio-mass vegetal minerals in an unaltered ionic solution; unformulated and in the ratios naturally presented within the original humate / lignite source

Vital-Earth Minerals, LLC

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www.VitalEarthMinerals.com

Directions: Adults: 1 fluid ounce per day. (Bottle lid is a one ounce measure). Can be taken straight from the bottle, or added to non-chlorinated water, juice, or other Vital-Earth liquid products. Take with food for best absorption. Refrigerate after opening to preserve the natural enzymes. Shake well.

If health challenge exists introduce at 1/4 dosage to allow the body to adjust slowly. Build up slowly to full dosage

Humic Minerals are the rich color of dark coffee or tea, but you'll find that it has almost no taste when diluted in a very small amount of water. (Dilution does not diminish effectiveness).

Since our products do not spoil like a food item, we list the Manufacture Date, to show freshness, instead of an Expiration Date. See Manufacture date below.

Humic Minerals



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Precautions: Use only as directed. If you are pregnant, nursing or have a serious medical condition, consult a health professional before use. Keep out of reach of children.

30 Day Supply • 32 fl. oz. (1 Quart) 946 ml

Proudly Made In The USA

Label Rev. 11- Dec 2020