

FOR OPTIMAL DAILY NUTRITION:

Blend 1 scoop of Catie's Organics™ B Complex Powder into 4 to 6 oz of water, in your shake, or use as a tonic. Because this is intended as a Superfood vitamin "shot," you may use Almond milk, Coconut milk, Rice milk, or Water. Or blended together with any of the following: 1/2 a cup of ice, fresh/frozen fruit, or Simply Young™ Longevity Protein or Pure Body Protein.

Our products **DO NOT** contain any: Wheat, Corn, Artificial Sweeteners, Sucrose, Alcohol, MSG, Yeast, Gluten, Salt, Dairy, Egg, Coloring, Stabilizers, Maltodextrins, or any other Artificial Ingredients or Pesticides. NON-GMO.

Many Blessings, Health & Happiness.
Distributed with Love by: **Catie's Organics™**



For more incredible products visit us at...

WWW.CATIESORGANICS.COM

Like us on Social Media and get **10% off** your order.

For Questions, call Customer Service: **(818) 575 7558**

28710 Canwood St, Suite 102 Agora Hills CA, 91301



Catie's™
Whole Plant Food

B-COMPLEX POWDER

VITAMINS B1-B17 WITH PLANT IRON

VEGETARIAN

Net 89 GM. (2.89 oz)

SUPPLEMENT FACTS

Serving Size: 1 Heaping Scoop (3.8 gm). Serving Per Container: 30

B-Complex Proprietary Blend 2706mg **

Organic Alfalfa, Organic Apricot Kernel Powder, Organic Spearmint, Leaf, Organic Sea Buckthorn, Organic Holy Basil, Organic Nettle Leaf, Organic Moringa, Organic Asparagus, Watercress Powder, Sunflower Lecithin, Organic Licorice Root Powder, Organic Shitake Mushroom, Organic Spinach, Lemon Powder, Organic Coriander Powder, Magnolia Bark, Organic Chickpea Sprouted, Organic Cayenne, Organic Fenugreek, Royal Jelly, Organic Cornsilk, Organic Bee Pollen, Organic Carrot, Organic Yellow Dock, Witch Hazel.

**This statement has not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure, or prevent any disease.

Best if used by: 2/22 Lot #01222478