

FOR OPTIMAL DAILY NUTRITION:

Take 3 tablets daily. **BEST** if taken in the Morning - This is essential because B Vitamins play an important role in cell metabolism. Or you can split servings up (3 in the AM, 2 in the PM). These raw capsules can also be used in shakes. (carefully open the vegetable capsule and sprinkle content into your shake).

Our products Do Not contain any: Wheat, Corn, Artificial Sweeteners, Sucrose, Alcohol, MSG, Yeast, Gluten, Salt, Dairy, Egg, Coloring, Stabilizers, Maltodextrins, or any other Artificial Ingredients or Pesticides. Non-GMO
Many Blessings, Health & Happiness.

Distributed with Love by
Catie's Organics™
Cat

For more incredible products visit us at...
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For Questions, call Customer Service (818) 375 7558
28710 Garwood St, Suite 100 Agoura Hills CA, 91301





Catie's™
Whole Plant Food

B-COMPLEX

Promotes Cellular Energy

PLANTS RICH IN
B1 TO B17 & IRON

150 V Capsules

SUPPLEMENT FACTS

Serving Size: 3 CAPSULES

SERVING PER CONTAINER: 30

B-COMPLEX PHARMACOLOGICAL EQUIVALENT	100% DV*
Organic Alfalfa	1
Organic Spearmint Leaf	1
Organic Seabuckthorn	1
Organic Holy Basil	1
Organic Nettle Leaf	1
Organic Moringa	1
Organic Asparagus	1
Watercress Powder	1
Witch Hazel	1
Sunflower Lecithin	1
Organic Licorice Root Powder	1
Organic Shiitake Mushroom	1
Organic Spinach	1
Lemon Powder	1
Coriander Powder	1
Magnolia Bark	1
Organic Chickpea Sprouted	1
Organic Capsaicin	1
Organic Fennel Seed Sprouted	1
Apricot Kernel Powder	1
Organic Yellow Dock	1
Royal Jelly	1
PABA Carnitine	1
Organic Carrot	1
Beet Pulver	1

OTHER INGREDIENTS: Vegetable Capsule

* DAILY VALUE NOT ESTABLISHED

Keep out of reach of children. Do not use if safety seal is tampered or broken. Store in a cool, dark place.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.